

the magazine of Exe Sailing Club

# EXE

news

Issue 80  
Spring 2007



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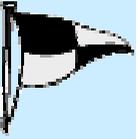
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Cover shot: Stevie Morrison and Ben Rhodes en route to victory at the 2006 49er Europeans at Weymouth (Mike Rice/Fotoboot)

Above: Camperdown Creek (Nigel Walshaw)



## EXE news

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Editor:

Mike Rice

01395 445078

mike@fotoboot.com

Assistant Editor:

Julia Cornish

01395 442678

jules14@onetel.com

Advertising Manager:

Nigel Walshaw

01395 269433

nigel@walshaw.eclipse.co.uk

This issue printed by:

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Eagle Yard

Tudor Street

Exeter EX4 3BR

01392 490047

## Editorial

Change in the air?



There's a definite feeling of change in the air (no, this is not another article on climate change...) Even as the season is just about to get underway, there are signs that it could be an epic one. Exe juniors Alex Horlock and Jamie Turl did well just to survive the Starcross "Screamer" in their Cadet. New teams in new boats will go onto the serious competitive circuit, as you can read elsewhere in this issue. We have a fantastic new fleet of boats for hire, including no fewer than six RS Visions, greatly increasing the accessibility of sailing for everyone. The Training Centre hasn't waited for the "season" to start but is already working flat out, delivering first class training to our members and others. At the pinnacle of our sport, Joe Glanfield and Nick Rogers are right back to form in the 470 and this could be the year when Stevie Morrison and Ben Rhodes take the UK's top 49er slot and book their passage to the Qingdao Olympics.

Thanks to everyone for your contributions to this issue. It's great to see more of Rosie's excellent photos in print (the one on this page is pretty good, but I would say that!). Thanks again to Nigel Walshaw, our advertising manager, who had a full set of advertisers lined up before I had even collected a word of copy for this issue. It's fantastic that so many local firms are supporting us in this way – let's all return the compliment and give them our custom.

Mike Rice

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A photograph showing two people on a sailboat. One person in the foreground is wearing a blue jacket and is leaning over the side of the boat, possibly handling equipment. Another person in a red and white jacket is visible behind them. The boat is on the water, and the background is a dark, overcast sky.

# Commodore's notes

**T**his is one of the busiest times of the year for many of us, preparing our boats for another season ahead. The cruiser park has come to life with skippers and their crews making final adjustments and busy antifouling before the lift-in. The keen die-hard dinghy sailors have been sailing all year round but other fair weather sailors like myself will be towing our boats back to the club hopefully in time for the first race on 1<sup>st</sup> April.

## Change of command up river

There has been a change of Commodore at both Topsham Sailing Club and Lympstone Sailing Club and I look forward to working alongside both Tim Baker and Rosemary Maltby respectively and making them both welcome at our club. The cooperation and communication between all the clubs on the Exe is now better than it has ever been which is very important to maintain.

## Grub's up again!

Despite the lack of catering facilities for much of the winter I was pleased to see that members still supported the club and made use of the bar. Ivan's talks have been well attended and in particular there was standing room only when Colonel Graham Wheeler and Simon Tytherleigh gave a superb presentation on the Revised Harbour Revision Order. On the catering front I am delighted to report that Gilly Newcombe with the assistance of Steve Best have both kindly agreed to organise and run our restaurant area which will offer a wide choice of quality food and bar snacks. Please see the notice board for further information and speak to Gilly if you wish to pre book and reserve a table.

## Training for success

Our training centre is flourishing under the guidance of Rick Newcombe and Noel Davis. We have just taken delivery of a further two RS Vision dinghies, bringing the total now to 6 and sincere thanks must go to Rob & Trish McOwan of Solar Safe for kindly agreeing to sponsor five of the boats. If anyone else is interested in sponsorship I know Rick would be keen to hear from you. The training centre has also had

another boost with the news that Bob Horlock has now qualified as a senior instructor. Our training centre run a comprehensive range of RYA recognised courses ranging from beginner upwards for all ages. Please visit our club web site [www.exe-sailing-club.org](http://www.exe-sailing-club.org) or see the training centre notice board at the club for more information.

Keep the house in order

Our premises are now used almost 7 days a week for both on and off the water activities. I would like to remind you that we as members are all responsible for a bit of house keeping now and again, so if you see something broken please report it and even the simple things like putting tables and chairs away after you have used them makes for a more enjoyable environment for us all. On the same note please try and be considerate when parking your cars in the car park and parking in front of the barrier is not allowed and only assists in annoying our neighbours.

Dinner dance

Finally I would like to thank Mike Sydenham for organising this years Annual Dinner Dance & Prize Giving, which was a huge success and the feedback I have received from many who attended, is that they thought this was the best one so far. Once again Exmouth Pavilion did us proud and looked spectacular thanks to Pam Burfoot, Gilly Newcombe, Sue Morgan, Colin Broady and the many other helpers who turned up on the day to help decorate the room and tables.

I wish you all happy and safe sailing in 2007 — Symon C Garratt



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# Sailing Report

Steve Best looks forward to the new sailing season...



**A**t last the winter is drawing to a close and hopefully all your boats are ready and raring to go. Unfortunately, even when the sun shines at this time of the year the water temperature is still low and it is important that the proper gear is worn to prevent hypothermia in the event of immersion. I would ask all parents to supervise their children closely in this. Many of our youngsters have sailed throughout the winter it is good to see this level of enthusiasm. I wish you all a successful and enjoyable season, whether you are sailing a Cadet dinghy or a Swan 44.

The largest dinghy event we are holding this year will be an RS200 open event on the 14th and 15th of July. Please note this will necessitate the closure of the car park for 2 days—the alternative would be to ask members to remove their boats which, of course, would be a major task.

The cruiser programme is promising to be wider and more interesting with the joining together of both Topsham and ourselves for joint events. Please speak to Rob Masters for more information.

The sail training, under the immense effort of Rick Newcombe and team, goes from strength to strength with most courses being sold out, so be quick and book early if you wish to do any of the courses. We are seeing larger and larger numbers on the water and of course we are needing to man the ribs more often. Therefore, if there are any of you who are able to give time to this, please contact Colin Broady who compiles the safety rotas. It is interesting and good fun!

Steve Best

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# Cruiser news

from new  
cruiser captain  
Rob Masters



Well actually I don't have much in the form of news, other than to introduce myself as cruiser captain. Not an area I have a lot of experience in, I must admit, but I will do my best to carry on the good work of my predecessor Mike Harland and those who went before.

Why do I imagine that everyone has their boat ready for the water and I am the only one who has done virtually none of the tasks I thought I would do in October, before the cold weather set in! No doubt I will get myself and the crew motivated when the launch date is imminent (usually that means less days than I have fingers on one hand!)

Launch dates have changed from what had been discussed previously and are now confirmed as follows.

- ◆ Pre-launch Briefing Wed 4 April 8.00
- ◆ Lift-in at dock Wed 11 April
- ◆ Lift-in over the wall Mon 16 April

Also for those who want or need to look towards the end of the season -

- ◆ Lift-out over the wall Thurs 27 Sept
- ◆ Lift-out at dock Sat 6 October

I intend using the forum area of the club website as the main method of informing members of what is happening as this should give the most up to date information. So if you have anything you want to share, post it yourself or let me know and I will ensure it gets up on the site ASAP.

In addition to the racing programme it is intended to run some cruises in company. No details have been entered on the programme as yet but please keep an eye on the club website and the notice board.

It is hoped to run an additional RIB on cruiser race nights to ease the congestion on the pontoon and, after racing, to help get crews in to the bar for refreshments and some of Gillie's fantastic food as soon as possible. Consequently we will be seeking additional drivers. So if you fancy a few evenings out in the estuary please volunteer, why not combine this with some practice with the camera (someone's bound to be making a fool of themselves!) The dinghy section are also looking for additional race officer and safety boat crews, so perhaps a reciprocal arrangement is the answer.

Have a good season sailing whatever your preference, but if you have not entered the racing scene before and fancy a go, please join in. Assistance and more advice than you probably need will be plentiful from those who regularly race.

Rob Masters

## LIFE JACKETS

The sailing committee would like to remind everyone about the importance of wearing life jackets and in particular the club policy of insisting that all people wear a life jacket while on board the club RIBs either on race officer/safety boat duty or as a passenger on race nights. Your cooperation is appreciated as it may cause offence and inconvenience should passage be refused.

While on the subject of Lifejackets I am sure I was not the only one to read the article in the March issue of Practical Boat Owner regarding the reliability of self-inflating life jackets. For the benefit of those who did not see the article it referred to RNLI statistics that 40% of all boats the RNLI check have lifejackets that will fail, many due to bottles that are loose.

I had not checked mine since I bought it 2 years ago; actually I had never unrolled it either until I participated in the sea survival course recently. I found it very difficult to undo the Velcro to inflate it by mouth, and that was standing by the side of the pool. Could I have done it in the water with cold hands? Possibly not!

Rob Masters

# Cadet Report

## No 33 Squadron (Exe Sailing Club)

There's a busy year ahead for the Exe Cadet Squadron, as Bob Horlock reports.

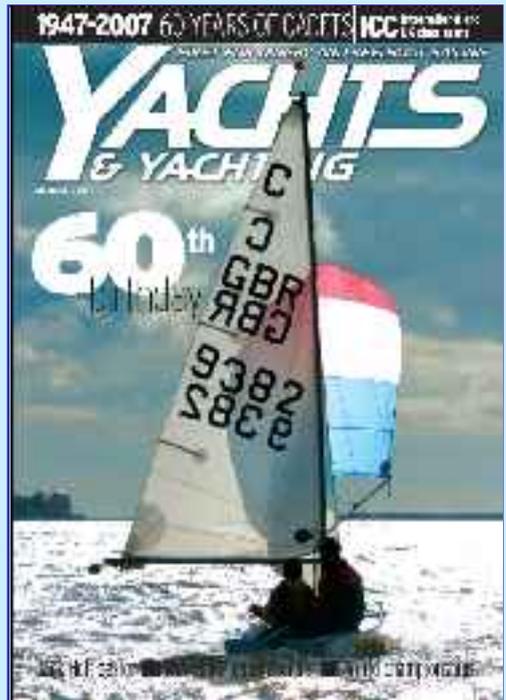
September was the start of the new season in the Cadet fleet and the time for the great crew shuffle! This year 2 of our most promising juniors have left the class and moved into new boats. Jess Blick is now sailing a 420 with Sarah Hickman from Starcross and Ben Cornish has teamed up with Ed Impey (Frensham) to sail a 29er. We wish them both much success in the future.

### RYA Squads

Back in the Cadets, Tom Kinver and Elliot Martineau gained a place in the National Squad, whilst Alex Horlock and Shaun Spring, Emily Kinver and Carragh Martineau, Dom Langdon and Ollie Bridge all managed to gain places in the RYA SW Zone Squad. Squad training started in October and continues one weekend a month until March. The weekends away are hard work but lots of fun and the improvement in sailing skills is quite dramatic.

### The eXe Squad

For those left at home we have been running the eXe Squad, one day a month race training for all the Cadets and other juniors that wish to attend. Between 7 and 9 boats have been taking part and the weather has generally



Fotoboot/Y&Y

This mock-up of a Y&Y front cover, featuring Alex and Jamie at the Starcross Steamer, was presented to the class association by Y&Y editor Gael Pawson to mark the 60th birthdays of both the Cadet class and Y&Y

been kind to us with no sessions

cancelled so far! With Corky resident in Exmouth it would be remiss of the Cadet fleet not to take advantage of his coaching skills and he has run a number of excellent days race training at Exe over the winter. On these occasions our friends from Torquay and South Cerney have come to join in the fun.

Looking ahead to the forthcoming season, the World Team Selection races (the Indicators) are this year at Rutland, Portland and Pwllheli with the Nationals and World Championships at Pwllheli in late July/early August. Closer to home the Exe Cadet Open will take place on 23/24 June 07.

### Happy 60th Birthday!

The Cadet class is 60 years old this year but is still as relevant to junior sailing as it was when it was first designed by Jack Holt. It provides 2 person, 3 sail racing for youngsters in the 7-17 age bracket. Crews learn sailing skills from their helms and both learn the meaning of teamwork. The national and international events provide high standards to aspire to.

If you want to get involved in Cadet sailing, speak to any of the Cadet sailors themselves or Bob Horlock (01395 271821). Remember, the club has 2 Cadets, Wallace and Gromit, that need helms and crews, and we also hope to be running some fun and games during splash nights when experienced helms can take out crews. Keep watching the club website and forum for news of Cadet events.

Bob Horlock

# Simon Turl

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# From Cadet to 29er...

## ...Ben Cornish moves into the fast lane



2006 29er Worlds at Weymouth h (Fotoboat)

In September 2006 I moved on from my cadet Fantasy into a new partnership with another Cadet National Squad helm, Ed Impey. As I was still only 14yrs at that time I was one of the youngest sailors to make the move. I had given it a lot of thought and after discussing it at length with my RYA National Squad coach I decided that moving forward to a more challenging boat was probably best for my future sailing career.



2006 29er Wor

Which boat to choose?

I was unsure which boat to move into after Cadets, as the usual route used to be the 420. I tried both the 420 and 29er. I opted for the 29er as also the Youth Championships were to be sailed in 29ers for the next 2 years, so I felt it made sense to choose that class of boat. It was also a great boat to sail and very fast in all conditions. Ed and I were the only ones from Cadets to choose the 29er, so we made the transition with no one we had sailed against or met before. It proved to be a great decision.

After purchasing the boat and some practice sailing and swimming we got used to it and were lucky to be selected for the RYA Transitional Squad, due to our past good results in Cadets. The Squad consists of only 8 boats selected from the whole of the UK from kids that had been high in their fleet in the UK Laser, Cadet, Toppers or Mirrors.

We will all remember the horrific kite-surfing accident Ben had last year. When he should have been competing in the Cadet Worlds in Spain, he was at home recovering from his injuries, but amazingly soon after the accident he was back racing again and secured a very creditable 9th place at the UK Cadet Nationals, sailing with Dom Langdon. As he says in his article here, he has now made the transition onto the 29er class. That's a bit like going straight from a Ford Fiesta to a (small) Ferrari, but let Ben tell the story! - Editor

## RYA Training

The RYA gave us 8 training weekends throughout the Winter season. This meant travelling to various locations like Grafham Water, Bewl Valley, Hayling Island and receiving intense coaching from RYA coaches. Also classroom work on techniques and a day at Chichester University with RYA fitness coaches and dieticians. Despite being young, the focus on fitness and correct eating programme is important as it helps with performance on the water and the stamina needed. This has helped me considerably to regain my fitness since my accident.

The show so far

Our only event so far was at Grafham Water last November just after we had started sailing the boat. We managed a respectable 25<sup>th</sup> out of 65 boats which we were pleased with as we had only been in the boat a handful of times and were against some very good older competitors.

And the future...

We are currently in training for the RYA Youth Championships and trials being held at Hayling Island in April. We are aiming to try and finish in the top 15 boats to try and secure a place in this year's National Youth Squad. In the future Ed and I intend to sail the 29er together and then move into 49ers. We

will continue in the 29er for a couple of years at least and then make an early final move into our final class which will hopefully lead us to further success and the possibility of trying for the Olympic campaigns. It has been great following the current progress of Joe Glanfield, Stevie Morrison and Ben Rhodes as they all started in Cadets on the Exe and just look at them all now. The Cadet really was a great boat to get experience in and the cadet class and the competitions are well worth all Juniors aiming for. I am around some Junior nights if anyone wants to know anymore, also Sam Matson now doing Lasers can help anyone who wants to know about cadetting. We really enjoyed it.



Ed and I at Weymouth (Fotoboot)



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# A note from the dinghy park

Demand for berths increases every year, says Berthing Marshall Ivan Wilkinson....

I am writing these notes immediately after completing one of my major admin tasks of the year, allocating boat parking spaces for the summer. Every year the number of members who are disappointed when they don't get a space increases as demand exceeds supply.

Spaces are allocated on a strictly chronological order of receipt of applications. If you missed out this year be sure to apply as soon as the application forms drop through our letter box next year. Some of our members try to pull the wool over my eyes by not paying for winter boat parking but rest assured their summer boat parking applications simply go to the end of the waiting list even after paying their debts.

If you are unlucky to be on the waiting don't despair. Any spaces not occupied by **seaworthy** boats by 1<sup>st</sup> of May will be re-allocated to boats on the waiting list. If your boat is not seaworthy and ready to take to the water, please remove it from the site, advise me and the space will be re-allocated.

We are re-introducing the boat use log scheme to identify the usage of dinghies and tenders. Please complete the Boat Use forms when you use your dinghy or tender and post it in the black post box in the entrance lobby. Dinghy owners do not need to record racing as the data will be collected from the race records. You only need to record the first six times in the season that you use your boat.

Last summer I spent much of the season in hospital or recuperating from surgery and was not available for my daily inspections of the boat parks. I understand there was chaos in some areas of the boat park. I have no intention of repeating the experience this year! We now have a team to help me and we look forward to order this year.

Finally, enjoy the season—*Ivan Wilkinson*



# Training Centre News

The season started early for the training centre and as I write this, 4<sup>th</sup> March, we are well underway having already run four courses. We started with a Senior Instructor course, an intensive four day training and assessment programme designed to test instructing skills and insure candidates have the experience, knowledge and skills to supervise other instructors and run RYA courses. These courses can only be run with the consent of the RYA so we were delighted to be able to run a course at Exe with candidates from Cornwall, Sidmouth and Exe. So many congratulations to Bob Horlock, our latest SI.

## Early season courses

Our plan in the early season is to get our instructor and powerboat training programme underway early so we are ready for the new season. Consequently we followed up the SI course with powerboat, safety boat and dinghy instructor courses, all completed by the end of February. We now have another four fully qualified Dinghy Instructors, the wrinklies Mike Morgan and Keith Lawson and the not so chronologically-challenged pair of Sams, Matson and Jacklin. Well done all and keep your Fridays free!

## Instructor daze

We have also held two instructor days, comprising a boring but important briefing from Rick and the chance to dust off those ever-so-slightly rusty presentation and sailing skills. Particular mention should be made of Marc Martineau who drew the short straw and got landed with a no-notice, 3 minute presentation on spreaders. Mark's drawing of the mast staying of a 50' trans-ocean cruising yacht was most detailed, if a little tricky to apply to the Vision rig! On the water the instructors flew spinnakers, conventional and asymmetric (capsized), sailed backwards (swamped dinghies), went rudderless (hit moorings), practiced coming alongside (bounced off RIBS)! Two great on-water

sessions and actually they are all very competent, much to relief of our Senior Instructors.

## The programme

The training centre programme has been available since December (see notice boards and website) and all the training activity has been included on the club's sailing programme. Some courses are already fully booked and others close to full so please have a look and contact me ASAP if you want to sign up. If courses are over-subscribed we will try to run another. The Friday Youth Stage 1-4 course is pretty well fully booked, at time of writing about three places left. We have decided to reduce the numbers from 48 to 36 this year as we did struggle to get enough instructors last year, especially in the summer holiday period. We have plans for a Summer stage 1-4, see the Junior report, so all will not be lost for those that don't get a place on the Friday courses. The Friday SplashNight will run as usual with a priority given to those that did not get on the Friday training. I know some will be disappointed this year, but the reality is our programmes are very popular and we have to have a finite limit on numbers primarily for safety reasons. My plea to all is that if you want to do training courses watch the website, club forum and notice boards for information. We cannot circulate all members every time we have a change to the training programme so it's up to you to keep yourselves informed.

## Vision on!

The club took delivery of its final 2 RS Visions at the beginning of March, so we now have 6, and have achieved the 3 year target set out in last year's development plan in 12 months—wow! The club fleet now stands at 16 boats: Cadets, Visions, Toppers and Lasers. We really want these boats to get maximum use and hope that members without their own boats or those who did not get dinghy berths will take advantage of the hire scheme.

The club Vision fleet will be showing off in glorious colour this year thanks to Rob and Trish McOwen and SolarSafe who have agreed to sponsor five of the boats for us and rumour has it to supply the junior section with quantities of their great sun protection products, for those of us who are not members of the junior section I have asked if they could come up with some anti wrinkle cream! . Of course our other Vision sponsors Marc and Ali Martineau, Exmouth Chiropractic Clinic are a very useful contact and I hear they may be setting up an emergency clinic at the top of the windward legs for the Trio fleet!

Finally a reminder the training centre is there to serve the club so let us know what you want and we will try to provide.

Sail Fast Sail Safe - Rick, Noel and the Team.

# JUNIOR news



Photo: Rosie Sands

Will it be another big year for the juniors this year? Well, things are looking up so far; Alex Horlock and James Turl were the top juniors in the Starcross Steamer!

Now what's been happening with the training? Once a month Bob Horlock has been running 'The Exe Squad' training for the juniors; Lasers, Cadets and Toppers all taking part and having a great time.

Loads of informal sailing has been going on, people buddying up and taking time to go out and practice their skills, even in the cold February waters! Brrr—it's nice to see everyone so keen!

Sam Matson and Sam Jacklin have recently qualified as dinghy instructors which is excellent; they should be looking forward to a fully packed programme of teaching this summer! Jess Blick and Sarah Hickman have been racing and training with their 420. Many long drives to Hayling Island, who's going to pass their driving test first is the question! I bet their parents would be happy, no more driving for them! Ben Cornish and Ed Impey are campaigning in the transitional squad, moving RYA juniors through to the youth classes; 420's, 29ers and Lasers. This is a huge achievement, only the top national squad boats get into this! Well done guys!

Who is sailing with who now in the Cadets? U can never tell! Everyone keeps divorcing each other but seem to find new relationships elsewhere and there no wasting any time!



I have made a proposal to the committee about running a **RYA stage 1-4** course in the summer and it has been accepted! As you know, the numbers for the Friday nights are being reduced this year and I am trying to make it up for you. The dates are the **20th August to the 24th**. I plan to have a solid week of learning, fun and gaining experience in all types of boats. You might want to sign up quickly; those places could be gone in seconds! I'm sure your parents would be delighted to get rid of your children for a week? Only £100 for the whole week, 'cheap as chips'! Compared to a commercial centre you can't go wrong! They would charge about **£250** for a course like this.

Other important dates, for you racers. **The River Exe Junior Series 07**. Three events usual format, 3 short races followed by a prizegiving and BBQ. Dates this year. Exe SC (that's us, so any offers of help greatly appreciated) Saturday May 5th. we shall race offshore weather permitting. Topsham Sailing club Saturday 12th May, racing in the river just north of Lymstone, and the final leg Starcross Yacht Club Saturday 9th June. Check website for Notice of Race and Sailing Instructions. Unfortunately the Exe date clashes with the RS 200 Youth Nationals at Datchet (near Heathrow airport) so some of you may have to make a choice. The discard system will enable you to miss one of the 3 events and still be in with a chance getting into the Choc-cies!

Also there is the **Exe Regatta** on the 7<sup>th</sup> and 8<sup>th</sup> July followed by the SailSport 'free' mega prize draw, if you don't go to the prize giving you can't win, great ringing up your mate who has just won a new wetsuit but won't get it cos they're not at the draw ha ha!

Thursday nights are going to be the **big** thing this year and everyone who did their stage 3&4's, we expect to see you there. This will be a big youth party night and if you want to crew contact me and I will crew people up and get you all sorted out 07738306924, the more people involved the better! Come down, have a laugh and get to know everyone!

Alice Morgan



Photo: fotoboat



Photo: Rosie Sands

# Dinghies for Hire!

The scheme

Getting on the water is now easier than ever with this fantastic fleet of club boats.

The boats



Four Lasers - L 1,2,3,4.

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4 Toppers - T. 1,2,3,4

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6 RS Visions - V 1,2,3,4,5,6

Ideal training/racing/cruising dinghy, with asymmetric spinnaker. Will carry up to 4 adults.

2 Cadets - Wallace and Gromit.

Junior racing dinghies. Available by arrangement with Bob Horlock Cadet Fleet Captain

## The Dinghy Hire Scheme

The scheme is open to all members of the club and subject to availability dinghies will be available for 12 months of the year.

**Booking** It is essential that before hiring a dinghy you check availability. This can be done by contacting Sue Morgan or Rick Newcombe (contact details below.)

Longer term hire to be agreed in advance with scheme co-coordinators. A dinghy hire form must be completed and returned with payment.

'Pay as you Go' Payment can be made on the day. Please use the marked envelopes to post your booking form and payment after your sail. You will find forms and envelopes on the dinghy hire board, lower corridor. Payment by cheque (made out to Exe Sailing Club) if possible. Please provide the information as requested on the booking form and post the envelope in the internal (black) mail box at the bottom of the stairs.

Please discuss payment for sponsorship and block hire with Sue or Rick.

### Damage and Defects

PLEASE PLEASE report any damage or defects - if we are not aware of it we can't fix it!

This is essential for safety; if you notice but don't report that there is a bung missing or a crack in the mast the next user may not notice and we have an accident waiting to happen.

You can report damage on the booking form, or if its more urgent please call or email Sue or Rick.



### Safety

We want as many members as possible to enjoy the use of the club fleet but we must outline some basic safety requirements

It is expected that anyone hiring a dinghy will be qualified to RYA level 2 or Stage 4 of the youth sailing scheme. Experienced sailors who do not have their RYA tickets can arrange through Sue or Rick to be 'checked' off as competent by one of our instructors, or of course sign up for one of our courses.

Buoyancy aids, and full life jackets for non swimmers are mandatory. October to May wetsuits and or dry suits are strongly recommended. --- > over

## Safety (continued)

If you are planning to sail unaccompanied that's fine but do let someone know you 'passage plan' and likely time of return. A mobile phone is a great bit of kit but do get a proper waterproof bag (£10 from Dixons chandlers on the dock), I know I have drowned loads of them!

Junior sailors (Under 16) must not sail unaccompanied. Use a 'buddy' system. Hire by junior sailors must be approved by Sue or Rick.

Always check the forecast before you set sail. Remember the Exe is highly tidal so check the tides carefully before setting off and adjust your passage plan accordingly.

If you are less experienced, not so confident or just sensibly cautious hire a boat when there is racing on and safety cover on the water or consider joining one of our dinghy cruises. If you want to build experience either racing or pottering a Thursday evening is a good choice as you can join the junior sailing and take advantage of the safety cover provided.

Finally remember the decision to set sail is yours, consider the conditions, your competence/confidence and the ability of your crew. If in doubt be cautious—stay on shore or arrange to hire an instructor.

A few common sense precautions and a little planning will help you both to develop your skills and enjoy your sailing.

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## OK So how Much Does it Cost?

This is year we have come up with a number of payment schemes to help you get on the water.

Lasers and Toppers ( No charge for Juniors /Youth members)

Pay as you Go. Laser and Toppers can be hired for the day, 1/2 day, (time guide 9am - 1pm, 2pm- 6pm)

Or 8 week block/race series or per race. Full day £15, ½ day £7, 8 weeks £30. Per race £5.

Cadets There is no charge made for the Cadets but they are usually allocated to a crew for a set period. They may be available for limited use by other juniors. Please talk to Bob Horlock, the Cadet captain.

RS Visions These are new boats and in popular demand so we have developed a more flexible hire/sponsorship scheme

Commercial Sponsoring - £500/year Your logo displayed on sail or hull, This will give you and your family priority use of the boat throughout the season so book and use your Vision as wanted. You will need to check availability if there are courses on.

Family Sponsoring - £100/Year Gives you 2 full days or 4 half days plus priority booking for the season.

2 months hire - £80 – Unlimited use - you will need to book each session in advance, e.g. can book for every Wednesday evening race during the hire period, but does give priority on bookings (except on training days)

Pay as you Go - Check availability and pay on the day

Full Day £30, 1/2 Day £15, (Time guide 9am -1pm/ 2pm – 6pm)

## WANT AN INSTRUCTOR ?

The club has many dinghy instructors among its members. Details of those who are available to provide one to one tuition are posted on the notice board lower Bar. If you wish to engage an instructor please contact the instructor direct. Please note that the hire of an instructor is a private arrangement between the member and instructor. Instructors providing one to one tuition cannot provide certificated training. The decision to sail is the responsibility of the individual member and instructor.

## HOW TO BOOK – NEED MORE INFO?

Call Sue Morgan 07989 445056 /01395 222872

or

Rick Newcombe 07966 320193. richard@newcaredevon.co.uk or look on the Club website [www.exe-sailing-club.org](http://www.exe-sailing-club.org) to download booking form.

# The Wine Run 2007



David Palfreman gives us the lowdown on this year's running of the classic ESC booze cruise, taking place from Thursday 21st to Sunday 24th June...

The above dates follow-on from Topsham Sailing Club's Race to Dartmouth which, we understand, is on Saturday 16th June.

This presents the opportunity, for anyone who is able, to put together a weeks' cruise.

Yacht crews from all clubs on the Exe are welcome to join us.

Likely destination is Cherbourg, due to its ease of access but both destination and timing are subject to confirmation dependant on weather conditions.

You are free to arrange either to cruise in company or individually. This is not a race and there is no set departure time.

We aim to offer a 'fun' event and the opportunity to enjoy good company, wine and dining.

As usual we intend holding a wine tasting competition in which you can enter some of your purchases. This would probably be held on the Tuesday evening 26th. June, subject to club commitments.

Whether your interest is in helming your own craft or crewing please contact the undersigned in order to receive further information in due course.

Regards,

David Palfreman ( Yacht 'Speculator 2' )

Tel: (H) 01395-275582 (M) 07989-431414

e-mail: [dpalfreman@yahoo.co.uk](mailto:dpalfreman@yahoo.co.uk)

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# Social news

A round-up of what's happening on the social front,  
from Vice Commodore Eileen Underhill

## Restaurant re-opened

We are very pleased to have our restaurant functioning on a regular basis again. Every effort will be made to avoid long delays in serving meals and we hope to achieve this by setting an upper limit on the number of bookings as the sailing season gets underway.

Gilly's Caff will be open on Cruiser Launch Day Monday April 16th or whichever day the weather allows us to launch

Saturday 28th April 7.00pm for 8.00pm. ESC SPRING SUPPER Please watch the notice boards for details of this event. We hope to have a champagne reception with pre-supper musical entertainment

Full details of menu and cost will be displayed on the club noticeboard.

Sunday May 13th 1100am WELCOME TO NEW MEMBERS

New Members will be welcomed by the Commodore with a short presentation showing some of the history of the Club. Please do come along to support this event. There will be a roast lunch available for those who make a prior booking.

You will need to get your booking in early as our Sunday lunches are very popular.

On Saturday July 14 all club members are invited to join the RS 400 competitors for the evening entertainment. There will be live music and supper. Full details will be published at a future date.

We are giving you advanced notice of the END OF SEASON SUPPER—this is fixed for Saturday October 27th

The Thursday evening talks have been generally well attended this winter with a 'full house' for some evenings. One member is so much at home that he even came in his slippers to one recent talk! Most surprising, as it was a very wet night. Thanks to Ivan for setting up such an interesting set of talks for us.

OUR CLUB SKITTLES TEAMS tell me they have enjoyed the winter season. The teams are somewhere in the middle of the league table this year. I am told that, although the teams like to win, the social atmosphere is also an important part of each game.

Occasionally the ladies team find they are short of players when some go off to find some sun during the winter months or have other commitments. So, if any of our readers feel they may be able to help, please let me know.

WATCH THE NOTICE BOARDS and website for details of coming events!

I wish you a very successful sailing season and hope to see many of you ON THE WATER

Eileen Underhill

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### FREE WINTER STORAGE

# House report



Chairman of the House  
Committee Bob Green  
brings us up to date...

**W**e are very happy to have "Commander" Chris Perks as our new House Manager. Our current main priority has been to implement the 40 recommendations of the of a recent Fire Risk Assessment. This has involved numerous additions and changes to our lighting, electrical and alarm systems most of which have now been completed.

All Club members, especially those organising events, should note that the maximum permitted numbers of people within the Club building are as follows:

- ⇒ 200 for a disco-type function in the upstairs room
- ⇒ 110 for a sit-down dinner or theatre-style seating in the upstairs room
- ⇒ 120 for a disco-type function in the downstairs room
- ⇒ 66 for a sit-down dinner or theatre-style seating downstairs

**PLEASE HELP KEEP YOUR CLUB SHIPSHAPE** We have a very successful and consequently busy Club. Please do your bit to keep the Club building, dinghy park and car park tidy and safe. Would all organisers of events please ensure that rooms are restored to their original state as soon as possible after the event is over.

A **BIG THANK YOU** to all of the regular volunteers who help with maintenance, repairs, cleaning and tidying-up of the Club premises.

Bob Green

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# Dinghy Prizewinners 2006

## Spring Evening Series

Comet Trios

1<sup>st</sup> Tony Brewster

2<sup>nd</sup> Andrew McAusland

3<sup>rd</sup> Bob Horlock

4<sup>th</sup> Steve Best

Handicap

1<sup>st</sup> Rick Newcombe  
RS200

2<sup>nd</sup> Les Arscott

Lasers

1<sup>st</sup> Chris James

Junior

1<sup>st</sup> Ben Cornish

2<sup>nd</sup> Jess Blick

## Weekend Spring Series

Comet Trios

1<sup>st</sup> Guy Farrant

2<sup>nd</sup> Tony Brewster

3<sup>rd</sup> Steve Best

Handicap

1<sup>st</sup> Les Arscott

2<sup>nd</sup> Rosie Sands

Lasers

1<sup>st</sup> Malcolm Lynn

2<sup>nd</sup> Nick Coombes

## Summer Evening Series

Comet Trios

1<sup>st</sup> Guy Farrant

2<sup>nd</sup> Tony Brewster

3<sup>rd</sup> Bob Horlock

4<sup>th</sup> Andrew McAusland

Handicap

1<sup>st</sup> Rosie Sands

2<sup>nd</sup> Rick Newcombe

Junior

1<sup>st</sup> Jess Blick

2<sup>nd</sup> Tom Kinver

Lasers

1<sup>st</sup> Sam Matson

## Summer Weekend Series

Comet Trios

1<sup>st</sup> Guy Farrant

2<sup>nd</sup> Tony Brewster

3<sup>rd</sup> Martin Luce

4<sup>th</sup> Steve Best

Handicap

1<sup>st</sup> Les Arscott

2<sup>nd</sup> Rosie Sands

Lasers

1<sup>st</sup> Nick Coombes

## Junior Thurs Eve Series    Autumn Weekend Series

1<sup>st</sup> Sam Matson

2<sup>nd</sup> Alex Horlock

3<sup>rd</sup> Emily Kinver

Comet Trios

1<sup>st</sup> Guy Farrant

2<sup>nd</sup> Bob Horlock-  
Lasers

Handicap

1<sup>st</sup> Rick Newcombe

2<sup>nd</sup> Rosie Sands

Winter Series

1<sup>st</sup> Guy Farrant

2<sup>nd</sup> Andy Williams

1<sup>st</sup> Alex Horlock  
King Cup

1<sup>st</sup> Sam Matson

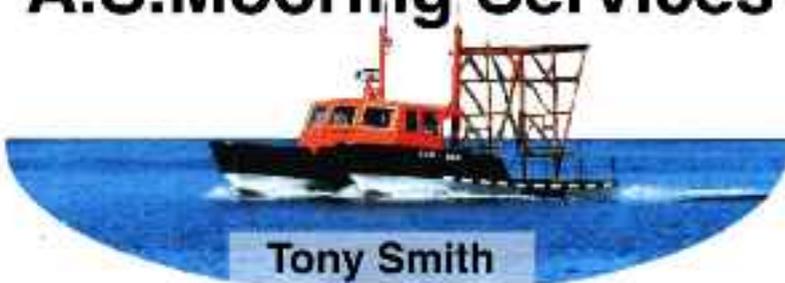
2<sup>nd</sup> Tony Brewster

Elsie Williams Memorial Plate for progress and effort: John Best



2006 prizewinners at the Dinner Dance—photo Nigel Walshaw

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**mobile: 07717 213125**

# www.exe-sailing-club.org

An update on the club website from webmaster Mike Rice

The Forum now has 50 members and is being used regularly for news and announcements. If you haven't joined yet, can I encourage you to do so. If you choose a user name I can recognise and enter your location it will help me to authenticate you and keep out unwanted "users" from around the globe...



Please send me any photos you'd like to see on the site (or in Exe News, for that matter)

Thanks to Steph at Edge Watersports for the live weather feed. Hope you find it useful.

I am happy to receive feedback and suggestions on the site at any time, either by email ([mike@fotoboot.com](mailto:mike@fotoboot.com)) or via the Forum

Mike Rice



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*Monday when Tapas goes on till 8:00 p.m.*

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*Speciality Evenings vary and are announced  
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---

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