

# EXE SAILING CLUB

## COMMITTEE BOAT ESTUARY START NOTES

### Tides

- a) Courses can only be set outside the main channel over the Banks with a tide height of over 3.6m and then only for an hour either side of high water.
- b) Never lay a course involving a crossing of Bull Hill (the Bank to the north of No. 13 Buoy), eg, if setting a course from No. 19 Buoy downstream to 13, use No. 15 Buoy as a spacer mark.
- c) Up to 2 hours before HW the tide flows strongly in the main channel. There is less tide and more counter-eddies (flow of tide contrary to the direction of the main flow) in the 13-15 and 19 Buoy areas which will allow racing even in lighter airs.
- d) One and a half hours before HW a strong counter-eddy develops from No. 14 Buoy extending to No. 12 Buoy. This creates an interesting sailing area.

### Moorings

Avoid laying courses through Shelly in strong tides and winds. It is probably worth avoiding this area in all but lighter winds and tides.

### Wind direction / Starting areas

- a) Southerly/South-westerly starting around 19 Buoy will provide many options.
- b) North-westerly and Northerly. The 13-15 Buoy area will provide the same.