

the magazine of Exe Sailing Club

**EXE**

news

Issue 83  
Autumn 2008

WELC



[www.exe-sailing-club.org](http://www.exe-sailing-club.org)



SolarSafe®

UV Sun Monitor Wristbands

## Waterproof UV Sun Monitor wristbands for all the family

We all worry about the effect of over-exposure to the sun, especially for young families. Now you can reduce the risk of sunburn damage from harmful UVA and UVB rays with the SolarSafe® UV Sun Monitor wristband.

The unique SolarSafe® technology works with your sunscreen. The wristband changes colour alerting you when it's time to top up your lotion or take a break in the shade. Designed by doctors, SolarSafe® really helps your family stay safe in the sun, and it makes a great ID band for children too! So, when you spend time in the sun this summer, reduce the risk of damage from the sun for your whole family – make sure you pack SolarSafe®.



*Be safe in the sun with SolarSafe*

now available online at

[www.solarsafe.com](http://www.solarsafe.com)



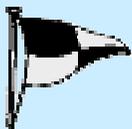
# In this issue...

Editorial.....	4
Commodore's Notes.....	6
RS 400 Nationals.....	8
Vice Commodore's report....	10
Cadet Scene.....	12
New Berthing Marshall .....	16
Training Centre News .....	18
Cruiser Report .....	22
Champagne Challenge.....	24
Olympics 2008 .....	25
House Notes .....	29
The New Bar Licence .....	30
Petit Bateau Solo Race .....	32
Dinghy Cruising.....	34
Kitesurfing News.....	37
Harbour Authority News .....	38
Social Calendar.....	40
Boys Birthday Bash .....	42



Cover shot: Welcome Home ESC Olympians! (Mike Rice/Fotoboot)

Above: Nick and Joe racing in Qingdao (Richard Langdon/RYA)



## EXE news

Issue 83

Autumn 2008

Editor:

Mike Rice

01395 445078

mike@fotoboot.com

Advertising Manager:

Nigel Walshaw

01395 269433

nigel@walshaw.edipse.co.uk

This issue printed by:

Old Mill Printers

Eagle Yard

Tudor Street

Exeter EX4 3BR

01392 490047

Design by:

Chelford Fotografix

07774 946930

# Editorial

## Thanks Guys!



I thought the party at the club to welcome home Joe, Stevie and Ben was a great family occasion and a fitting way to recognise the achievements of our latest Olympians. On the way home (on the bus to Budleigh!) I was thinking how nice it was to have been thanked by them for all our support etc and then it struck me... shouldn't it be us thanking them? As someone who has followed Stevie and Ben's campaign since the start I think I have some understanding of how hard our Olympic sailors have worked, not just at major regattas around the world but day in, day out, all year round, with a degree of dedication most of us could only dream about.

So thanks guys!

- ⇒ for making us all proud to be members of the same club;
- ⇒ for keeping us entertained over the past few years. We have cheered for you, held our breath sometimes and cried a bit too, but that's sport. I reckon you and your fellow Olympians deserve a zillion times more respect than the pampered, preening prima donnas of the premier league but there again I'm no football fan...

Looking forward to the next four years!

Thanks too to everyone who has contributed to this huge issue of Exe News and another special thank you to Nigel for badgering all our advertisers (in the nicest possible way) to produce another bumper crop of ads. They are all worthy of your support!

Mike Rice

# PETER DIXON CHANDLERY

1&2 PILOT WHARF EXMOUTH EX8 1XA 01395-273248

Chandlery

+

Sailing  
Gear

+

Clothes



Exe Plover



Water Taxis

THE SAFEST WAY FROM SHIP TO SHORE



*Exe Plover*

07970 918418  
VHF CHANNEL 37 & M1

*Water Taxis*

TOWING AND JUMPSTARTS  
AVAILABLE



## Where Have The Last Three Years Gone?

**A**s another sailing season comes to a close I think most of us would agree the weather has played a major part in dampening our spirits during 2008, together with the downturn in the economic climate that has affected many of us. Anyway enough of the doom and gloom and on a positive note I would like to say how proud we all are of our Beijing Olympians Joe Glanfield, Stevie Morrison & Ben Rhodes. Joe together with Nick Rogers collected another silver medal in the 470 class and although Stevie & Ben missed out on a medal in their 49er, I am sure the experience will be valuable and motivate them even more for success in 2012 when the event will be held at Weymouth.

Other notable achievements this year have also included Ian Williams winning the World Match Racing Championships for the second year running, Stephanie Rowsell also retaining her World Ladies Kite Boarding status and Alex Horlock crewed by Tim Pearce finishing a creditable 5th position in the Cadet World Championships in Holland.

Our training centre has continued to expand with the usual Level 1,2,3 & 4 and other courses running throughout the year under the supervision of our principal Rick Newcombe and club professional Rosie Sands. The school holiday junior courses proved to be very successful, despite the weather conditions, and a big thankyou to Alice Morgan for organising them. A year ago we joined the RYA SailAbility programme to enable us to offer the opportunity of linking with local schools and other organisations to give the opportunity to both disabled and able-bodied children to try sailing. The involvement we now have with Exmouth Community College & The West of England School for the Blind and Deaf is one of the most rewarding parts of all our club activities. I would encourage you all to come and watch these young-



sters sailing again next season and see for yourself the enjoyment that they get out of it. For the launch of the saleability programme we invited the town Mayor, local councillors and other dignitaries to come afloat and watch, as well as attend a reception afterwards. Local Town councillor Eileen Wragg with the support of her colleagues then assisted us with an application to purchase a new Hawk 20 day boat, specially modified for disabled sailing with a hoist mechanism to be mounted on one of the marina pontoons with the kind permission of Robin Carter. During our Olympic homecoming reception Cllr Eileen Wragg presented a cheque to us for £23,360 for the purchase of the boat, with the funds coming from Devon County Council from the sale of Exeter Airport. We owe a huge thankyou to Eileen and her fellow councillors together with Rick Newcombe & Ben Jennings for the time they spent helping to submit the application and the drawing up of the agreement.

This year we hosted the RS400 National Championships at Exe and despite the lack of wind on the last day good sailing conditions were enjoyed on the other days and even more important to many of us they drank and ate lots that resulted in a significant profit for the club. I would like to thank everyone involved who lent boats and gave up their time. Special thanks must go to event organiser Steve Best.

Rear Commodore Frankie Upton has covered in her House Report more detail regarding the changes to our licence regarding the sale of alcohol and the proposed changing room extension. Particular thanks to Frankie Upton, Steve Best and Bob Green for the many hours spent already to get us to where we are now. I would like to remind members to respect our neighbours at all times and give consideration to noise particularly when leaving the clubhouse late at night.

Sadly at the end of this season we will be losing our Club Steward Steve Jacklin & Club Professional Rosie Sands. I would like to thank you both on behalf of Exe Sailing Club for your support & commitment to our club over the last few months. We wish you well for the future but the good news is that we will of course still see you both, as I know you will remain active club members.

As the heading suggests, I am coming towards the end of my three-year term as your Commodore and I would like to thank you all for your support. Exe Sailing Club is a brilliant club that has always been and will remain close to my heart. It has been an honour to have grown up sailing Cadet dinghies here as a child and to have gone on to serve as your Commodore. I wish Commodore elect Eileen Underhill and her new committee every success for the future. The old saying of 'You only get back what you are prepared to put in' is so true and therefore if you would like to become more involved in our club I would encourage you to speak to Eileen in the first instance.

Symon C Garratt

Commadore

# the RS400 Nationals



**T**eam Exe does it again! It never ceases to amaze me how our volunteers come forward time and time again. There is no doubt that ESC is very well respected for the professionalism on the water and the friendly and helpful atmosphere ashore. I am told frequently that we are one of the best amateur clubs that run championships and this is borne out by the constant applications from different classes to hold events at Exe.

We enjoy a good relationship with the RS Association, having held the RS 200 champs two years ago and now the RS 400s, to be followed provisionally in 2010 by the 500s. These events help keep ESC in the sailing limelight and gives our sailors some good experience in local waters.

The Club's policy is to only have championships every two years as we recognise that it does cause inconvenience to some of our members. However, most members fully co-operate with the team for which I thank them.

The upside for all members is of course the profit we make from these events which certainly helps to keep a smile on our treasurer's face. This championship netted over £4,000 for club funds. The numbers were a little disappointing but the competitors had 4 good days racing and we only lost the last day through lack of wind.

Nick Craig and Fiona Clark put in a very solid performance as expected and had the event wrapped up after the 4th day.

My sincere thanks and admiration go to our team. In particular I thank the following:

Richard Jacobs for loan of Trinitas, Paul Beer, Ted Draper and co. Nicki and Jonni, Simon Turl, for loan of boats and of course crewing them. Race Officers Phil Morrison & John Evans, Recorders and Com. boat crew led by Mickie Ward, Beach Master Ken Hill, Berthing and Beach team led by Mike Sydenham and Colin Broady in particular all those members who helped to move boats before and after event. Well done to our juniors who did sterling work as trolley dollies i.e. Jess Lock, Harry Trick, Sean Spring and the others who did occasional days. Results Malcolm and Dorothy Elliot assisted by Martin Furminger, safety boat crews led by Rick Newcombe and Simon Turl, our redoubtable mark layers Martin Lilley and Graham Sykes. Galley crew led by Gillie Newcombe once again a superb job, Bar staff led by Martin Minter and Steve Jacklin and of course all the myriad of others who helped with anything where needed.

...and a note from Gillie

Gillie would like to thank her team of ladies, those making rolls by the dozen and everyone in the downstairs caff producing all those breakfasts and teas. No event would work well without you ladies! It appears filling sailors' tummies is a vital ingredient of a good sailing event.

A very big thank you must also go to the generous makers all of our cakes, which were much appreciated by all who consumed them.

I must not forget Sharon and those working from the upstairs galley who catered for the civic reception and all the evening meals.

Thank you all!

Race officers in  
action on board  
Trinitas (Fotoboot)



An advertisement for Simon Turl, featuring a red and blue boat. The text "Simon Turl" is prominently displayed at the top. Below it, "Moorings" and "Boat Repairs" are written in blue. At the bottom, the phone number "Phone 01395-272497" and the mobile number "Mobile 07967-132852" are listed. The background shows a body of water with other boats and a shoreline.



## Vice Commodore's Report

**W**e have had a busy sailing season with a great deal of time and effort by many members of the Club. Thank you to all those who have helped in any way.

Elsewhere in this issue you will find accounts of the achievements of club members, both on the Exe, nationally and abroad.

As well as looking back there is much we can look ahead to achieving in the coming year. In 2009 we host the River Exe Regatta. Chairman Rex Frost and Vice-Chairman Mike Rice are already heading a committee planning for the event at the end of June. Many of our sailors will be competing at national level and, we hope at international level as well.

There will be exciting times for our disabled sailors with the use of the new Hawk dayboat. It has been good to see the enjoyment for our young instructors as well as the obvious excitement for the young sailors under instruction.

Please watch the website and notice boards for information on all the events being organised for you during the winter months.

- For those who like sailing in the depths of winter, have some great sailing days.
- For those who prefer the Art, Skittles or Bridge Groups and the Thursday evening Talks after Christmas, enjoy your times together.
- For those who join the RYA classes or Training School courses, may your extra knowledge help you to greater enjoyment of your sailing in 2009.

Our Annual General Meeting will be held on Friday December 5th. Please watch the notice boards for details. We would like to see some new nominations for committees and look forward to having some fresh input in running the Club. If you need to know more about any of the committees please see a member of our Management Committee.

Eileen Underhill

Vice-Commodore



**YOUR LOCAL SAILMAKER**

## **CHRISTOPHER SCANES**

10 Topsham Quay  
Topsham  
Exeter  
Devon  
EX3 0JB

**Yacht Sails  
Repairs  
Spray Hoods  
Canvas Work**

**ORDER YOUR  
2008 SAILS NOW**

**e.mail: [chris@sailandcanvas.co.uk](mailto:chris@sailandcanvas.co.uk)**

**Tel 01392-877527**



**HANK & FAMILY**  
**VICTORIA ROAD**  
**EXMOUTH**  
**DEVON**  
**EX8 1DR**

**FUNCTION ROOM AVAILABLE FOR  
PRIVATE PARTIES**

**FRESH LOCAL FOOD**  
**DAILY SPECIALS**  
**TWO COURSE SUNDAY  
LUNCH**

**PHONE : 01395 272090**

**E-MAIL: [hank@thebeachpub.co.uk](mailto:hank@thebeachpub.co.uk)**

**[www.thebeachpub.co.uk](http://www.thebeachpub.co.uk)**

# Cadet Report

No 33 Squadron (Exe Sailing Club)



Having just read last year's report at this time of the year it hardly seems possible that so much has happened in the last 12 months. Alex and Tim had a great winter's training in the RYA National Junior Squad with 6 weekends away, 2 additional 3 day training camps and a bit of extra time on the water back at Exe in the eXe Squad. Tom and Jamie had a similar regime in the Class Association National Squad with coach Mike MacNamara, whilst sisters Emily and Katie had the benefit of Corky Rhodes as their coach in the RYA Zone Squad. Not to miss out Dom and Shaun got together with some of their friends for some additional coaching also with Corky.

Back at Exe George, Will, Charlie and Alfie jumped in and out of Buoy Racer in various combinations to do battle with Ellie and Josh, and James and his various crews, at the eXe Squad.

After all this training it was with some interest that at Easter we set off for Rutland and the Inland Champs only to be met by gales and freezing conditions that made cancellation of the event the only option. Thus the first big race of the season was at Datchet where the light shifty conditions meant that only one days racing was possible. Alex and Tim were delighted to record their first race win in any Cadet event and to finish 7th overall. Tom and Jamie sailed a consistent series to finish 4th.

With 2 boats in contention for 7 World team places the small band of Cadets from Exe were looking forward to the 3rd and final Indicator race at Weymouth. This time it chose to blow hard and both Tom and Jamie and Alex and Tim had excellent regattas finishing first and second overall to consolidate their World team positions. The rest as they say is history and the story of the Exe Open

and Worlds is told elsewhere in this magazine.

After 3 demanding but rewarding years in the Cadet moving from the back of the fleet to near the front it's time for Alex to move on. Similarly Tom can look back on his Cadet days with considerable pride. Their results speak for themselves.

It's also time for a change of leadership for 33 Sqn Exe Cadets and I'm delighted to say that Richard Geare has volunteered to take over the job. I wish him good luck and hope that more youngsters are inspired to sail these fantastic junior racing boats. Remember, the club has 2 Cadets that promising youngsters can use and we want to see them being used. After a period in the club boats it's down to parents to purchase a suitable boat for their youngsters – prices range from a few hundred pounds to several thousand but the boats do retain their value well. The class has an excellent coaching and racing set up and whether you sail at home or travel the circuit you'll make some great friends and learn a lot about sailing.

See you on the water!

Bob Horlock



***The chandlery that dares to be different!***  
From Widgets to Wet suits we stock everything for the Dinghy Sailor  
**Order via the web site, enter the ESC affiliate code (EXESC)  
and earn 5% of the order value for your club!**  
Buy online 24hrs a day  
**[www.sail-sport.com](http://www.sail-sport.com)**  
Free postage for orders over £10 in value  
**The Best Dinghy Chandlery on the Exe!**  
Contact me - Tony Blackmore:-  
Tel/Fax : 01392 420043    Mo b: 07977 512 673    E-mail: [tony@sail-sport.com](mailto:tony@sail-sport.com)

## Cadet World Championships – Medemblik Holland 2 - 8 Aug 08

180 Cadets, together with their helms, crews and support parties, from 14 countries around the world came together in Medemblik, Holland for the Cadet World Championships during the first week in August. The weather was hot and thundery with significant wind for most of the week. The racing was organised into 2 fleets, the Worlds fleet and the Promotional fleet. In the Worlds fleet, teams of up to 7 boats represented each country. In this, the principal competition, Great Britain fielded a full 7 boat team which included 2 boats from Exe Sailing Club. Alex Horlock and Tim Pearce sailed Excelerator and Tom Kinver and Jamie Proffitt sailed Cyclone. A total of 82 boats sailed in this fleet. In the Promotional fleet anyone could enter and the fleet of 100 boats was dominated by 60 Cadets from the UK including a further 2 from Exe Sailing Club. Emily and Katie Kinver sailed Inspiration and Dom Langdon and Brad McBride sailed Thriller.

The races were sailed on the IJsselmeer, an inland freshwater sea 30 km across but only 5m deep. The Dutch regatta organisation was superb with 2 races being sailed each day, followed by a daily prize giving and plenty of social events.

The practice race was sailed in a SW F5-6 and gave the Aussie team a chance to shine with Horlock and Pearce (5th) the only non-Australian boat in the top 7! As the week progressed, the strong but shifty winds and the steep waves took their toll on all but the most experienced competitors. Race 5 was sailed in a F6 and was a great race for the GB team with 4 boats in the top 8, including Kinver (4th) and Horlock (6th). By the end of Race 9, Lauwers had established a good overall lead followed by Joanna Freeman from the GB team. There then followed a pack of 6 boats all of whom could have finished 3rd including Horlock and Pearce. Race 10 was started less than 2 minutes before the last possible start time and saw much changing of places in the shifty conditions. Eventually, Freeman finished the regatta in style with a race win but Lauwers consolidated his overall win with a 2nd place. Horlock and Pearce battled hard but a rule infringement and resulting 720 degree penalty turn left them back in 18th place in the last race but a splendid 5th overall. Kinver sailed well in the second half of the regatta to pull himself and his crew up to 8th overall. The GB team won the team prize with 4 boats in the top 10 overall.

This was an outstanding result for the 2 Exmouth boats and represents the culmination of many years hard work. Both Kinver and Horlock now move on to race other, larger and faster boats.

In the Promotional Fleet the Kinver girls sailed an exceptional series that contained 2 individual race 2nd places and enabled them to finish in 13th place overall. Langdon sailing with McBride for the first time also had some excellent individual race results and finished in 22nd overall.

## Exe Cadet Open 12/13 Jul 08

Eleven visitors from sailing clubs around the south of England joined 5 Exe SC Cadets to take part in the Exe Cadet Open Meeting over the weekend of 12/13 July.

The wind on Saturday was a gusty Force 3 to 4 from the North West producing flat water and excellent sailing conditions just South of Pole Sand off Dawlish Warren. Three races were held with Race Officer Les Arscott getting the racing under way early in the afternoon. In the first race Alex Horlock and Tim Pearce won ahead of the Kinver sisters Emily and Katie, and Dom Langdon and Shaun Spring. The shifty conditions saw a number of capsizes in the 2nd and 3rd races but Horlock and Pearce led the second race from start to finish to win by a good margin from visitors Arthur Henderson and Matt Currell. The day was rounded off in splendid style for Horlock and Pearce when, despite a poor start, they recovered to win their third race of the day.

On Sunday the first race was sailed in light winds and a gentle chop, conditions which suited Torquay girls Erin Clark and Lily Wollard who won but didn't suit overnight leaders Horlock and Pearce who were 8th. With the wind filling in from the South, the second race was dominated by the girls from Parkstone, Yeoman and Acock who lead from start to finish, whilst Henderson and Currell did the same in the third race. Horlock and Pearce consolidated their overnight lead with a second and a third to win the event and keep the White Cup in Exmouth for another year. Henderson and Currell were 2nd, Yeoman and Acock 3rd, and Langdon and Spring 4th.

### Junior Winter Race Training – the eXe Squad

After an incredibly active junior season it would be a shame not to continue the fun and games over the winter months. After the success of last years eXe Squad we are going to give it another go this year.

Membership will be open to all juniors (and well behaved adults) who have participated in this years Thursday evening racing sessions or who have completed their junior stage 4 or equivalent. The training will take place on one day a month (Oct to Mar) on a day when club racing is not happening. The training will take the format of morning and afternoon sessions on the water (training and practice races) and theory when the weather is inclement. We will expect participants to be rigged and ready to sail for 09:30 and we will be off the water by 15:30 ready to finish for the day by 17:00. We are looking for commitment to the six month series from the junior sailors and it will be cold in the middle of winter.

Have YOU got what it takes to be an eXe Squaddie?

If so see Bob or Rick or send us an e-mail [bobhorlock@aol.com](mailto:bobhorlock@aol.com) or [richard@newcaredevon.co.uk](mailto:richard@newcaredevon.co.uk). Keep an eye on the club website forum page (Junior Section) as this is where all the announcements will be made.

The first 3 dates will be Sun 12 Oct 08, Sat 8 Nov 08, Sat 6 Dec 08. Jan, Feb and Mar dates will be determined when the new tide timetables are published.

Bob Horlock

## We have a new Dinghy Berthing Marshall

After many years of organising the dinghy berthing within the Club, Ivan Wilkinson has felt that it is time he stepped down from this position, although he is still carrying on with organising the winter parking for cruisers. I think we would all like to thank Ivan for the enormous amount of work which he has put in over the years, which is so very much appreciated by all members.

I have been asked to take over as Berthing Marshal from Ivan, and have agreed. I have also co-opted Colin Broady and John Petty to assist me.

As I am sure you all appreciate, space for the parking of dinghies is extremely limited, and during the coming months we will be looking at the whole aspect of dinghy parking at Exe S.C. I would ask for the co-operation of all members. Any member wishing to use the winter parking facility should indicate whether they will be sailing their dinghy throughout the winter season, or whether their space is to be used solely for laying-up purposes. All those dinghies not wishing to race during the winter months will be parked very tightly but safely, and therefore access may be restricted.

Please feel free to contact me if you have any queries whatsoever with regard to dinghy berthing.

Finally, enjoy the rest of the Season.

Mike Sydenham

Dinghy Berthing Marshall

Notice of AGM  
The 2008 Exe Sailing Club  
Annual General Meeting  
will be held on  
Friday 5th December 2008 at 19:30 hours  
in the clubhouse



FOR ALL YOUR SAILMAKING NEEDS

- DINGHY - CRUISING - RACING  
- TRADITIONAL - COVERS

24 CAMPERDOWN TERRACE, EXMOUTH, DEVON, EX8 1EH

Let's Make Up

*A Treasure Chest of Delight for Children*



Anne Phillips IHBC Professional Make-up Artist

**FACE PAINTING PARTIES**

[annephillipsx@msn.com](mailto:annephillipsx@msn.com)

TEL:- 01395-264225 or 07812360374



**D**uring the time it took to prepare this issue of Exe News we took delivery of our new Hawk 20 "No ExExcuse!" for the sailability project, and had a launching/naming ceremony in the dock entrance. I hope by now all are aware of the Exe Sailability Project and the boat, funded by Devon County Council. Thank you Councillor Eileen Wragg who sponsored and all the other county councillors who supported our application.

By the time you read this "No ExExcuse!" will probably be back out of the water ready for Phil Morrison to look at the engineering required to adapt the boat. The plan is that the boat will be accessible by the widest range of people, including wheelchair users. Robin Carter, the dock owner, has kindly given his consent to the siting of a hoist on the dock entrance pontoon to enable us to transfer our crews into the boat. With Phil's help we will fit a remote control tiller pilot so our crews can steer the boat from their specially adapted bucket seats. We will also fit an audio compass to aid steering for those with visual impairment. The boat will be fully operational and back in the water for the beginning of next season.

We very much hope that this will be a high profile project for the club, the town of Exmouth, and Devon County as a whole. If you wish to get involved please give me a call. In particular we are looking for one or two people to help promote and co-ordinate the project, making links with disability groups x-county, publicising the project and setting up sailing sessions. We will also need a rota of skippers for the boat so we can sail on weekdays evenings and weekends.

We very much hope this will be a high profile project and we are looking for sponsors to help cover the running costs of the boat and to try and keep the cost to our disabled crews as reasonable as possible. We have set up a group of Project Partners'; some have donated facilities or services eg Simon Turl Mooring services have given us free use of a mooring, Jim Allen Marine Engineer will look after the outboard, others are commercial sponsors. NewCare Devon, a major provider of services to disabled people, is on board as is 'Aqualine' a local company specialising in fitting high quality bathrooms and kitchens. If you or your company would

like to support the project and link to a high profile community and environmentally positive project please contact me: 07966 320193 richard@newcaredevon.co.uk.



Photos (Mike Rice/Fotoboot) Left: No ExExcuse! under sail. Right: Leah, Jim Shapter's granddaughter, does the business with the champagne at the naming ceremony.

Finally I must both mention the second part of the project, that is, to create the opportunity for positive volunteering for young people. The club's sailability project largely owes its success to the efforts, commitment and huge sense of fun of our young instructors, Sam, Ryan, Lauren, Jonny, Dale, Alice, Rosie and the rest, too many to mention but you know who you are!

We will keep you updated on the progress of the boat and her fitting out in the Christmas and spring newsletter and magazine.

The Hawk is the icing on the cake of what has been another really successful season for the Training centre. More courses than ever, able bodied and disabled, young, older, male, female, sail and power. As always it works because of our huge army of volunteers young, older, male, female, sailors and petrol heads! The centre received a great boost with the first-time appointment of a club professional. Rosie Sands has done a great job, promoting the club, developing our 'On Board' programme and generally creating an impressive level of professionalism and organisation. Thank you Rosie. We will be appointing a club

professional again next season to ensure we maintain the momentum.

A particular success this year was Alice's summer Fun week, well actually it grew to 2 weeks, in order to meet the demand, as we had over 40 children who wanted to sign up for this RYA stage 1-4 training programme. We plan to run this again next summer, with a possible extension into a Cadet Week, aimed at older young people and more race/race training orientated. Please let me know if you think this is a good idea as planning is much easier if you get some feedback, and if it's a runner we could try to get a top coach or two maybe even some Olympic heroes?

It cannot have escaped your attention that we did not have the best of summers this year. One of the consequences of this for us was that the kids doing the stage 3-4 were very short of time on the water. They all did brilliantly but in the end if you cannot get time in the boat it's very difficult to reach the standard required for stage 4. So we have a large group who, I hope, will want to come back next year to finish the course and get to stage 4. Now if they all sign up for the Friday evening we are going to have a difficulty as we will not have sufficient capacity for those coming up to stage 3 from the stage 1-2 course. A couple of options I think: give priority for booking Friday to this year's Stage 3 children or offer this year's Stage 3 a more concentrated course, 4 days over two weekends or possible summer half term? Again let me know what you think. WHAT EVER you think please book early—I will take reservations for next year's Friday stage 1-4 from the day this edition hits your doormat. Initially I will give priority to those that are progressing through the courses, but may come back to some to suggest we finish your course over a couple of weekends or half term. Book early to avoid disappointment. Friday course price next year £100.

The full 2009 programme will be published on the website hopefully around Christmas. Booking sheets for winter powerboat courses, RYA Powerboat 1 and 2 and safety boat will be up on the training notice board, lower corridor in early October. If anyone with a Planing Craft only certificate wants to add the displacement option let me know we can add this with a one day course.

My one nag in this this edition is aimed at adult courses in the main: if you book a course please attend it. Lots of courses booked out early this year, then when we rang around to confirm a week or two before the event many had forgotten or cried off leaving unfilled spaces we could have filled. Please remember we are not a commercial centre. It's all voluntary effort and if we have to move to requiring deposits it will be more work for the volunteers who run the training programme. So, if you book please stick it in your diary!

Thanks to all for another great season.

Rick Newcombe

# Littleham Osteopathic Clinic

*treating the cause to relieve the symptoms*

Robin Adams DO - Registered Osteopath

## Musculo-Skeletal Injuries

- Back Pain - Neck Pain
- Sports Injuries - Sciatica
- Foot Pain - Whiplash - etc

Free Assessments

Early/Late Appointments

Convenient Free Parking

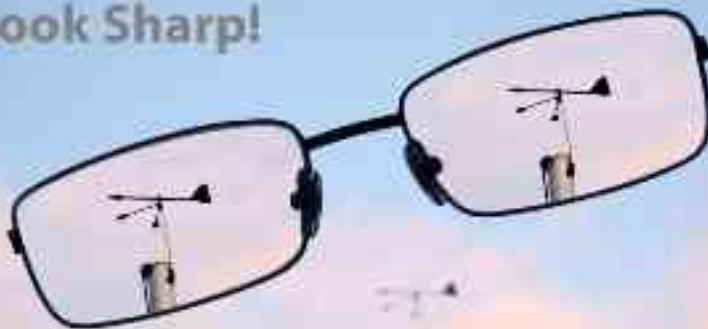
**01395 270303**

## Foot Biomechanics

Did you know that using orthotics to support your feet correctly will help to re-align your posture and help with many musculo-skeletal problems in the feet, knees, hips, back and neck. Call now for a free assessment.

1 New Cottages, Castle Lane  
Exmouth EX8 2RG

**Look Sharp!**



**with Caroline and Andrew McAusland**  
Optometrists

3 Victoria Road, Exmouth, EX8 1DL  
01395-276458



Cruiser racing has been quite healthy again this year with 6 to 8 yachts appearing regularly for weekday evening races. The weather has been less than inviting, with lots of cool cloudy evenings, sometimes with little wind and other times with lots, but no races have been cancelled. Racing in the river has caused some debate again with cruisers tangling moorings on several occasions and testing the depth off sandbanks, frequently. David Palfreman's SPECULATOR 2 bears the scars of a close encounter with another competitor, of which the less said the better. Results are well spread with PEANUT, WAVELET, DELPHIN, JADE and SANTE all winning prizes. the Damsell Trophy was carried off by Sue Spring in a boat she had not sailed before.

Hedley lost a few weeks racing due to boat problems (again) but managed to get DELPHIN to Dartmouth for the Regatta, only to have the poorest wind ever with only 2 races sailed. Was it money well spent? Don't ask him! The regatta was greatly enjoyed by the 6 boats which went even though the Red Arrows failed to appear (through the mist) and the Saturday fireworks were shrouded in that same mist too.

Chris Rhodes new X332, PEANUT, has been going well this season (when do they not?) and his pursuit handicap is now such that he only sails for 55 mins compared to JADE which gets a 2 ½ hour race each week. Both he and David Palfreman were invited to Michelmores' Regatta as Corporate entries.

Neil Matson (VELA FRESCA) and Steve Hughes (STARDUST) have organised a series of social races along the coast throughout the season. The official justification was to produce more realistic Club handicap numbers, but the appeal of a fun evening in Dartmouth or Torquay on the Saturday night has definitely added to the attraction. Those taking part have also included; Martin Minter (FIRST SIGHT), Bob Green (HIVA OA), Rex Frost (FABLE), David Shadrack (EXEUBERANT). Neil also participated in the Petit Bateau single-handed race during July. His fine result, 1st in class and 4th overall can read about in more detail elsewhere in this publication.

The River Exe regatta only attracted 3 Topsham boats and 1 from Lymptone to

sail against the 4 from Exe. As it was one of the best weekends for wind and sun it was a great disappointment for those who made the effort to turn out. Ivan Wilkinson (Silk Purse) won the Fast class and Rob Masters came second in the Comfort Class.

Cruising has been beset by weather problems this year, with many boats heading off to only just get to Plymouth or Dartmouth and then return. Ian and Shirley Watson (SWIFTSURE) tried three times to go to Guernsey and just made it during Dartmouth Regatta. SUMMER WINE (Mike Harland) has been on its mooring more than usual this year and Dave Ashman (FRANCES MAY) and Chris Austin (TOOTS) only got to Falmouth in their 3rd attempt to make the Scillies. Their cruise was not shortened by the weather, but by Chris's wife being involved in an accident unfortunately, so that the holiday was cut short. Rex Frost managed to avoid the weather and got away to Biscay in June, but came back in atrocious conditions from Guernsey 3 weeks later. Hugh and Vera (CERES) got as far as Brest and explored the River Aulne. Frank Doyle (PHOEBE) managed to get to St Peter Port, but then couldn't go anywhere else for a week. GOLDIE has been seen in Dartmouth, BANNIT TOO has been as far as Salcombe. YENDOR and SCOT FREE continue to get out in fair weather and SHARIMA goes out as often as possible. There was no Wine Run this year, but hopefully it will be reinstated next year.

As we go to press we are enjoying the long awaited Indian Summer with the successful Champagne Challenge just finished and the last Walter Holman Cup race coming up. We look forward to a kind winter for those scrubbing off in the boat park and a lovely warm spring.

Rex Frost

#### Departure of an Exe Land (Sea?) Mark

Susan Martineau reports that Kiro was been sold after 27 years on the Exe. She is on her way to Denmark. "A sad day for the Martineau family when we think of the places we've been - twice round the Baltic, circumnavigation of UK, most of western Europe, Morocco, Madeira - but the aim of the new owner is to circumnavigate the globe for two years, 2010 - 2012 and he specifically wanted a Hartley Tahitian (Kiro's design for the uninitiated!) to do it. He has a website ([www.1off.dk](http://www.1off.dk)) so we shall follow his progress with interest."



Photo (Susan Martineau) Kiro leaves the Exe for Denmark after 27 years

## The 16th River Exe Champagne Challenge

I could not start this article without first thanking a few people, first Mike & Jan Saunders together with Fulfords for running such a popular race for so many years. Also Rex & Eileen for ensuring the rest of us could enjoy this year's event so much. Thanks also to Malcolm Elliot for his services as Race Officer and Tim Mock and the Lifeboat crew for providing the committee boat.

60 boats assembled at the Safe Water Mark expecting to make slow progress to Brixham in light winds. However about 15 minutes before the crew of the Lifeboat were due to send up a maroon to signal the start of the race the Easterly wind freshened and crews prepared to hoist spinnakers.

The comfort class were first away at 11.00 with the fast fleet starting at 11.30, everyone looking for clear air to make the best possible start. Although some take the race more seriously than others, most like the opportunity of having a large fleet of boats with a range of capabilities so there is always another yacht to challenge wherever you are in the fleet. The long reach from start to finish enabled those with fast slippery hulls to do well and it was not long before the eventual winners were just a dot on the horizon to the rest of us.

Good speed was achieved with the unexpected breeze and early arrival allowed plenty of time to relax in the Brixham sunshine or share refreshments and hospitality on other boats. Tink & the crew of Wavelet set a new record for the most people on board for drinks while others discussed how they would have won if only they had been given the correct handicap!

Rafted six deep the fleet made a spectacular sight on the visitors' pontoon and following a pleasant afternoon, competitors assembled in Brixham Yacht Club to congratulate the winners of each class and enjoy the great BYC hospitality.

The "Fulfords" (and we shall always know it as such) is a great event and it is the best way to end the sailing season. Had it not been for Mike the Mechanic (No, not "Mike & The Mechanics" for those of a certain age!) who sorted out the engine on Sante we would not have been there and it would have been a long wait until 2009!

Congratulations to the following who received their prizes from Jan Haynes the Wife of BYC Commodore Alan:

- Fulfords Challenge Trophy- fastest overall & winner of fast class: Carl Vining, CURLEW (TSC)
- Fulfords Trophy- winner of the comfort class: David Shadrack, EXEUBERANT (ESC)
- Oldest Crew: Ted Cushen on SANDPIPER (ESC)
- Youngest Crew: Rory Gladstone (aged 9) on CURLEW (TSC)
- Fastest Single-handed Yacht: MEW GULL, Neal Ricketts (TSC)

Rob Masters



## Olympic Games 2008



In August 2008, Exe SC's Joe Glanfield, Stevie Morrison and Ben Rhodes had the honour of representing Great Britain in the Olympic regatta, sailed on the Yellow Sea at the port city of Qingdao, China. Here's Exe News' small contribution to the worldwide coverage of this momentous event...

How they got there...

The Olympic campaigns for Joe Glanfield, Stevie Morrison and Ben Rhodes really started when they were racing Cadets at Exe SC, but as they probably didn't realise it at the time, let's fast forward to 1997, when Joe teamed up with Nick Rogers to campaign the 470 for the 2000 Sydney games. This was the start of one of the most successful partnerships in UK dinghy sailing.

In 2002, when Joe and Nick were well into their second Olympic campaign, having narrowly missed a medal in Sydney, Stevie and Ben launched their first 49er and with it, their Olympic campaign. Stevie and Ben's original goal was to get the GBR 49er berth at the 2004 Athens games. That was pretty optimistic for a pair of sailors who, until they got their first 49er, hadn't trapezed before! But they made amazing progress and at an early stage in their second campaign, for the China games, they were firmly in the top GBR slot and on track for selection. Winning the 49er Worlds in Portugal and the Olympic test event in 2007 was the clincher.

In the meantime, Joe and Nick had secured the Silver medal at the Athens games and were campaigning hard to have another go at winning the gold in China. Things did not go all their own way. They lost a lot of time when Nick had a wrist injury in 2006, they were plagued by serious gear failure at the 2007 World Championships and the new world champions, Nic Asher and Elliot Willis, were snapping at their heels. But when a return to form later in the year secured their selection, the stage was set for three Exmouth sailors to head for the 2008 games in Qingdao.





## Olympic Games

**F**or Stevie and Ben the regatta started well and they had a narrow lead at the end of day 1. But day 2 was one they would both rather forget, when a combination of problems, including a broken mainsheet bridle and tar on the dagger board, handed them a set of mid-fleet results from which their score never fully recovered. They were 9th going into the epic medal race and despite an outstanding 3rd place, that remained their overall position.

"...I guess you put on a smiley face and say its just motivated us more for 2012."

From Stevie and Ben's Olympic blog



Photo: Ingrid Abery/Hotapers

**W**hile this issue was going to press Stevie and Ben competed in the Skandia Sail for Gold Regatta at the 2012 Olympic venue, Weymouth. Let's hope their emphatic win in that event is a great omen. Word has it they are going to take a bit of a break from sailing now!

2008



Nick and Joe's series didn't go entirely according to plan. Joe apportioned the blame equally between them—"we dropped from 8 to 20 in one race when I called a windshift wrong, but the OCS was definitely down to Nick!" They were in fourth place at the start of the medal race and out of contention for gold, which had already been secured by the Aussies, Nathan Wilmot and Malcolm Page. In this race they worked the wind beautifully to finish in 3rd place, enough to secure their second silver medal. It was an amazing race that had us all on the edges of our seats, watching at home.

At the fantastic party in the clubhouse to welcome the Olympians home, Joe said "It was great to be a part of a successful team, not just the sailors but all the other athletes too. I can see the whole country really getting behind the 2012 games".





## Olympic Games 2008



### A Mother's View—Jan Morrison

Shortly after Stevie and Ben had been selected for the 2008 Beijing Olympics it was decision time for the parents – to go or not to go. From the outset, Chris, Kay (and Mark) were definites, Philip definitely wasn't and I felt that it was like most sporting events I would probably see as much, if not more, at home. On the other hand, it was the Olympic games and it would be a unique experience. My state of limbo lasted until I received a text from a sailing friend saying she had found some "cheap flights" to China, that I would always regret it if I didn't go and that she was keen to come too.

What none of us wanted to do was put additional pressure on Stevie and Ben but on the other hand we wanted to support them. Their girlfriends, Sarah and Bernie, also decided they would make the trip, which as it turned out was such a good decision. Chris and Mark spent their whole time in Qingdao and Kay flew in to join them following a week with an old uni friend in Hong Kong. Sarah and Bernie were very limited on time and had just under a week in Qingdao. Margaret and I travelled there following a ten day tour of Vietnam and a visit to Xian to see the Terracotta Army. We arrived at the same time as Sarah and Bernie, on the day of the final series races and were greeted by the news that Stevie and Ben could not by then win a medal. Having worked towards that eventuality for six years they were understandably disappointed, so it was good that their girlfriends were there to spend time with them.

The following day the first three medal races were due to be held. It rained pretty much all day, monsoon-like at times. By the time we had walked to the "wall", the main viewing area, we were absolutely soaked. Despite the weather, most of the British team who were not involved in the day's racing were there to support. In the first medal race the British girls won gold in the Yngling class, followed by Ben Ainslie winning his third gold medal in the Finn. It was now looking very unlikely that the 49er race would be held as the last time this could start was 4.30pm. However, shortly after 4 we were told the race was on. There was a stiff breeze and difficult sea which created chaos throughout the race, with Stevie and Ben doing a pretty dramatic pitchpole. Although they were unable to improve their overall position they finished third in this race. The following day the sun shone and the wind returned to its usual "very light" and we were all able to watch Joe's medal race and celebrate his second silver medal.

Hopefully, in time, Stevie and Ben will look back on the Olympics as an amazing experience. As a parent I am very proud of their achievements and I hope they get another chance of Olympic success in 2012.

Jan Morrison

## House Report

from Frankie Upton



We have made good progress, within budget, on a number of significant projects planned for this year for which we can thank Steve Best, House Manager and overseer of construction works. The 'shedding and puddle reduction work' has been completed so we hope this winter to have fewer problems in that area. The club room floor has been strengthened with minimal disruption to normal activities and we also took the opportunity to insulate the ceiling to help reduce transmitted sound from upstairs activities. Since completing the work we've had a few do's and the floor has been noticeably less 'bouncy'. Is that a reflection on dancing style or can we put that down to the new beams! On a serious note, our concerns with regard to safety are resolved by completion of this work.

Planning permission has been obtained for the two storey extension project and by the time this issue comes out we will have had the EGM to vote on its go-ahead. On a less positive note (for the time being at least) we decided to withdraw our application to extend the dinghy park for technical reasons. We hope to pick up on that strand of work as soon as it is feasible to do so – time and energy permitting.

The gaining of the new Club Premises Licence has also required the team to work with the Bar Committee on implementing actions required by the conditions of the licence, such as expediting signage required (thanks to Mike Hill), delivery of Fire Training to staff and interested members (more to follow in October and any member welcome to attend – watch notice board for date and time) delivered by Mike Sydenham – thanks Mike.

Thanks to Steve J our Club Steward and volunteers like Brian Abbott for undertaking the myriad of minor tasks that keep the place running relatively smoothly, even unblocking the showers fairly frequently!

Finally, this newsletter presents a rare opportunity to thank on your behalf a couple who, for me, sum up the ethos of a great club run by volunteers. Thanks to Martin and Pat who can regularly be seen picking up other people's litter, trimming the grass and weeds and generally keeping the boat park edges tidy. Perhaps we could all assist them in their chosen task by using the bins provided inside the club house or by taking our own rubbish home with us when we leave. On that note, if you are interested in volunteering for tasks or jobs about the premises, please let us know, there is always something needing doing and I am sure we can find something that suits your expertise or interest.

Frankie Upton

Rear Commodore

## The New Club Premises Licence for Exe Sailing Club

So what's this all about then, we hear you say.

Until recently the Club has held a Club Premises Certificate Licence which, whilst it enabled members to purchase alcoholic drinks, it did not allow our bone-fide visitors and guests to buy drinks from the bar. This was often difficult and somewhat awkward to enforce and in some cases guests were somewhat embarrassed that they were not able to buy a round of drinks for their host. In addition when we had club events needing extensions we applied for Temporary Entertainment Notices (often referred to as TENS) in each case.

Having discussed our options with the Licensing Authority and briefed the Management Committee, we decided to pursue the option of a Club Premises Licence. This type of licence is inclusive of all licensable activities and is what most sports clubs have moved to since changes in the licensing law (Licensing Act 2003) five years ago. We were successful in obtaining the new licence which was effective from 21 July 2008 and supersedes the previous one, which has since been surrendered. You can view the whole licence via the EDDC website or contact our Hon Secretary who can arrange for you to see a copy - held in our office.

So what difference does this make to us?

It means our legitimate guests are now legally able to buy a drink at the bar. It means we have licensed hours which suit our needs and includes the option to extend our opening hours (when normally we would close at 11pm in the week) on 15 occasions in the year. Occasions, for example may be the music night at Christmas time or the week day entertainment activities associated with a National Championship (without the need to apply for a TENS). These 15 occasions are reserved for special club events and the process for managing this requires the Management Committee to approve use of each one of the 15 allocations.

So why all the new signs, rules and regs around the club?

With the licence there are mandatory conditions, conditions consistent with the operating schedule and conditions attached after the hearing by the Licensing Authority that we must meet, all of which are directly related to the objectives of the Licensing Act. The changes or new signs you see, are about The Club meeting the conditions.

Is there anything else we need to know or be aware of as members?

We identified further action for The Club concerning communications with our neighbours and the supervision of children and following joint action planning by your Bar and House committees we have some initial guidance to share with all - especially those organising or involved in organising events on the club premises. In due course these points may be modified or included in revisions of Bar or Club rules as appropriate but for now you need to be aware. See the small print opposite!

And finally what do we all need to do...

30 Exe News

Everyone of us can help in maintaining this Licence. Please be patient while the im and support our staff in complying with the law. Carrying your Membership/Bar card rectly is a great place to start. Here's to enjoying the new flexibilities with your gue

Guidance for members and event organisers following review of Club Premises Licence conditions

#### Supervision of Children

For club organised events children are expected to be indoors by 9.30pm to meet our commitment to the licensing authority that they will be in by 10pm.

#### Consumption of Drinks

- Consumption of alcohol is only permitted in the area extending to sea wall from main building as set out on diagram submitted to the Authority for special club organised events. For such events, the area to be marked by temporary barriers (waist high).
- Consumption of alcohol outdoors, including balcony, must cease at 1030pm.
- Glass can only be used in upstairs club room and on balcony.
- No glass can be taken beyond the top of balcony stairs.
- Plastic glasses need to be used downstairs

#### Doors and Windows when entertainment taking place

- All external doors and windows must be kept shut other than for access and egress in all rooms where regulated entertainment is taking place.
- Such events will require extra members on duty to help ensure doors shut.

#### Showing of Film/Media

- Children can only admitted to films in accordance with classification recommendations of British Board of Film Classification or as recommended by the licensing authority.
- When DVD's or other film media may be shown during the course of the event where children may be present, the rating must not exceed the suitability for the ages that could be present. Parents must be advised of ratings of films to be shown and must ensure appropriate level of supervision is maintained accordingly.

#### Numbers Attending Events

Ticket issue must be used for controlling people attending set functions, to ensure Fire Regs are met. People not attending function but attending the Bar should also be given a ticket.

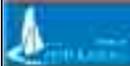
#### External Speakers

No music or speech is permitted to be played on external speakers without the consent of the Licensing Authority. If this is required, event organisers must consult first with Management Committee before a decision on whether written consent will be sought. It is expected that these instances will be the exception (e.g. Exe Regatta presentation – once every 4 years).

#### For events involving Live Music Performances

- Know which member of the band is responsible for all arrangement including what the band does when on site.
- Agree in advance the engagement times (the start time, the end time, the breaks)
- Explain in advance that the Club is in a residential neighbourhood and that we have an obligation to limit volume levels.
- Warn the band that if requested by an organiser of the event/ responsible member to reduce volume or stop playing, then they must comply with such a request immediately.
- Point out that the Club does not have a sound volume monitor linked to an automatic electricity supply cut off at present and that it is in both the Club and all bands interest to make a voluntary approach to managing volume work successfully and avoid the need for such a device.
- Explain about the need to keep windows closed (e.g. behind the band if playing at the restaurant end.)

Impact of the change beds in, stick to our Club and Bar Rules  
Cards when buying alcohol and signing in your guests cor-  
ests in the Club. See you there!



*the Petit Bateau bluQube Solo 1000 mile race*

**blu|Qube**  
SOLO 1000

**Neil Matson  
and  
Vela Fresca**

**P**etit Bateau was formed by a group of entrants to the 2000 OSTAR to support solo yacht racing. With over 360 members from countries world-wide it now organises several single-handed races each year.



This year I took part in the PB bluQube 1000 miles solo race in my yacht Vela Fresca, a Dufour 34 Performance. The race, taking place from 29th June - 12th July, was in 3 legs: Falmouth - Kinsale (185nm), Kinsale - Santander (525nm), and Santander - Camaret (290nm). The leg from Kinsale to Santander, across the Bay of Biscay, was an official qualifier to next years OSTAR (Original Single-handed Trans Atlantic Race).

Original Single-handed Trans Atlantic Race).



There were 27 entrants mainly from the UK, Ireland and Holland but Italy and Canada were also represented and yachts ranged from Open 40, J-105, JOD 35s, J-122, and Figaros (including Katie Miller, the youngest competitor at 21 years of age, in her newly acquired Figaro II).

The leg from Kinsale to Santander was particularly testing, with Biscay providing gale force head winds. Of the original 27 entrants, 10 of us reached Santander.

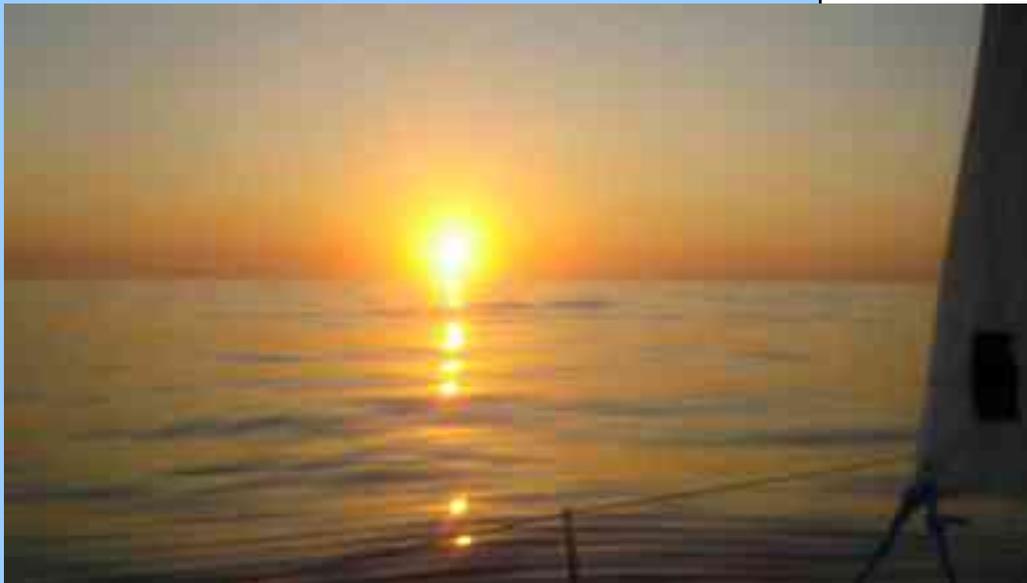
A few days later, and a few hours into the start of the third leg to Camaret in Brittany, the fleet was becalmed in Biscay for nearly 30 hours before the wind picked up! The race seemed to provide a range of conditions!

The completed race results showed that Vela Fresca was first in her class and 4th overall on IRC handicap.

I'd like to thank everyone at Exe Sailing Club who followed my progress on the PB website tracker and sent their good wishes and encouragement, and also to Liz and my family for their support.

Neil Matson

Look out for the Thursday evening talks programme on the website/notice boards if you would like to hear more about Neil's experiences in this race—Ed





The end of July saw the completion of the Dinghy Cruising season.

As usual four destinations were programmed on dates intended to avoid other club events. Unfortunately the cruises to Budleigh and Dawlish had to be cancelled due to the weather but at least we had successful landings at Topsham (for tea at the museum) and at Lympstone (for a beer at the Globe). With ages ranging from eight to seventy, a total of sixteen sets of crews in fifteen different types of dinghy enjoyed their adventures.

Malcolm Dodd



Photo: Dinghy cruisers ashore at Lympstone

01395 227007 WWW.TADSHOP.COM



PROUD TO SUPPORT LOCALS

CHRIS AUSTIN

CABINETMAKER



HANDMADE KITCHENS / BOOKCASES  
FREE STANDING CABINETS  
27 YEARS EXPERIENCE  
BESPOKE SERVICE  
FREE ESTIMATES

Tel : (01395) 224594 Mob : 07812688432

# M.S.MARINE SERVICES

Boat Repairs in G.R.P and WOOD  
Boat Transport & Storage.

[www.msmarine.org](http://www.msmarine.org)



**Call Mark  
on 07710 950339**



15 Hollymount Close, Exmouth, EX8 5PQ

E-mail : [mail@msmarine.freemove.co.uk](mailto:mail@msmarine.freemove.co.uk)



## AQUAMARINE SOUTHWEST LTD.

(01395) 265044 Mob. 0788 17 25 55 5

### MOBILE SERVICE !

**Main Dealer  
Mercury  
and Mercruiser  
Tohatsu.**

**All Makes of Outboards  
Engine Servicing  
£30-00 per Cylinder  
+VAT and Parts**





## Kitesurfing Update

### Steph Bridge—Twice World Champion

**F**ive stops on the PKRA Course Race tour took Steph Bridge from Edge watersports all over the world during the 2008 season. The racing took place in Mexico, France, Portugal, Fuertaventura and Germany where over 40 kites lined up on a start line in varying conditions from 8- 45knots! Normally 4 races/day with each race lasting approx 30 minutes. The first leg is always upwind then the courses vary from sausage, triangle, Olympic, square or M course. The finish line is often close to the beach near to the spectators. Men and woman normally race together, however the fleets are separated for ladies & men's division.

Steph's blog from the season writes :

"I have been super lucky to be involved in this sport from the beginning and now that course racing is becoming more popular, it is great to be competitive at something that I have a passion for and can still do! My racing experience as a kid, sailing Cadets at the Exe Sailing Club has really helped- it is still a game of chess- its just that the potential for carnage is huge if you are not on it! Playing safe to stay out of trouble especially, around buoys is super important. The start line adrenaline is just as much kick as starting a dinghy race with 150 boats on the line. Winning a course race is about going upwind well, not falling in and being super aggressive with the kite to go down wind well. Kite design & size, fin size/shape and board shape are all important factors. My other competitors in the racing all have dinghy/windsurf race experience. Generally the competitors have had this experience so this is helping to push the sport to the next level. I am super excited since one day, maybe in my time, this could be in the Olympics.

Steph has secured her second world title win with positions 1st, 1st, 1st 2nd & 2nd. Steph continues to compete in the UK and in France over the next couple of months and looks forward to the 2009 season. The Bridge lets (Ollie, Guy & Tom) keep Steph busy on Exmouth beach most evening and weekends-" it is similar to being a cadet parent but much more fun since you can kite yourself! "

For more information and follow the progress please keep in touch [www.edgewaterports.com](http://www.edgewaterports.com)



Photo: Steph at the top of the podium in Portugal

## Exe Estuary Trust Port - New Developments

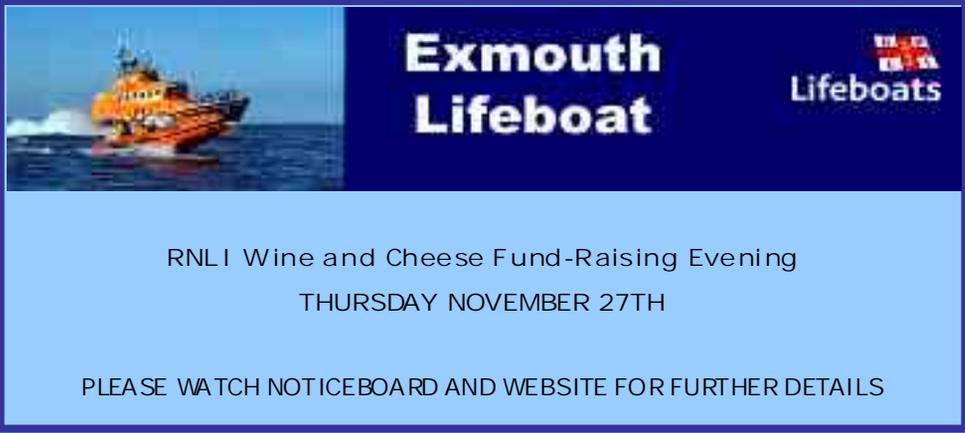
Many readers will remember the excellent presentation given by Colonel Graham Wheeler, chair of the Exe Estuary Users Association (EEUA), on the proposals by Exeter City Council for a new harbour authority, to be known as the Exe Estuary Navigation Authority (EENA).

A lot of water, both physically and metaphorically, has flown down the Exe since then and it appears the plan is in some trouble. A re-examination of the costs has led to a withdrawal of support by the EEUA.

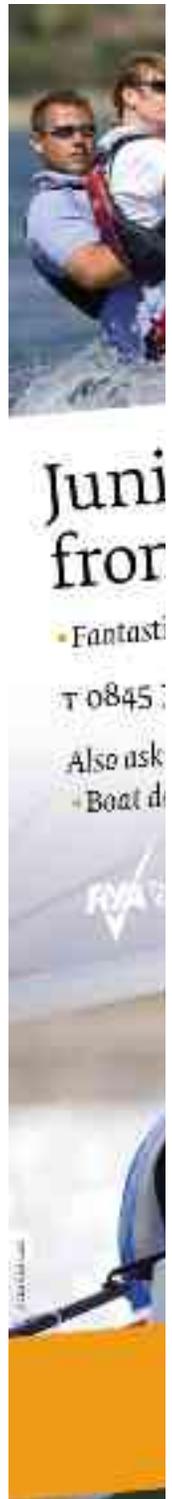
In an open letter to club members, the full text of which is available on the club website, Colin Broady says "Now that the users have withdrawn, Exeter is proposing either to impose the trust port or to apply for limited powers giving them jurisdiction over the whole estuary and the power to collect harbour dues. The imposition of a trust port would mean that harbour dues would double (possibly £100 for a dinghy) since the £200,000 cost (to collect £30,000) would again have to be shared between all the users. Exeter has indicated that they would be even higher if there were no trust port and they had to collect dues. The powers they are already asking for allow them to take over the mooring associations. This would result in an even higher cost base".

The letter urges that "We should be insisting that some of the £100,000 we contribute (through taxation) should be used in the Estuary. We should be demanding from Exeter that they should be giving us a proper service. We should not be agreeing to further charges being imposed. "

The club's formal position, adopted following the EEUA presentation, is to support the EENA proposal. The conclusion of Colin Broady's letter is that the policy should change to one of opposition to the imposition of harbour dues, and that we should inform Exeter City Council accordingly.



The advertisement features a photograph of an orange lifeboat on the water. To the right of the photo, the text reads "Exmouth Lifeboat" in large white letters, with the RNLI logo and "Lifeboats" below it. The background of the text area is dark blue. Below this, on a light blue background, is the text: "RNLI Wine and Cheese Fund-Raising Evening THURSDAY NOVEMBER 27TH". At the bottom, in a white box, it says "PLEASE WATCH NOTICEBOARD AND WEBSITE FOR FURTHER DETAILS".





# For, Youth and Adult courses from Beginners to Experts.

... safe waters of Portland Harbour • New equipment • Excellent facilities  
0337 3214 E enquiries@sail-laser.com www.sail-laser.com

- Personal tuition
- Family courses
- Corporate days
- Boat and spares sales



**Sail Laser** 

### Social dates for Your Diary

25th October—Trafalgar Night Laying-up Supper

27th November—RNLI Wine and Cheese fundraiser

18th December—the famous club Christmas musical evening, showing off our huge range of talent. Basket meals available

31st December—New Year's Eve party

21st December—Carol Singing—book for your Christmas Dinner afterwards

14 February—Annual Dinner and Dance

Keep an eye on the notice boards and website for details of further events during the Winter



**GREAT  
VALUE  
INSURANCE**

**CALL**

**GRAHAM SYKES**  
insurance

**0845 1300 236**  
**[www.graham-sykes.co.uk](http://www.graham-sykes.co.uk)**

Authorised and regulated by The Financial Services Authority. Calls may be monitored or recorded to help improve our service.

## TWO LITTLE BOYS HAD TWO LITTLE TOYS

Two former Commodores, Spud Rowsell and Ben Jennings hit 65 this April. The boys celebrated this coming of age with a trip to Paris and a birthday bash at the Pavilion where hundreds of family and friends gathered for an evening of good food, sixties music from Barnaby, some champagne and bubbling conversation. As ever the main theme were the boats, or the toys down the years, from Cadets to cruisers.

Deirdre recited an Ode on behalf of long suffering sailors wives which had more than just a ring of truth! Here it is:-

### ODE TO THE PENSIONERS

Ben and Spud, the Birthday Boys,  
Have been friends since six years old.  
They were just as naughty then as now,  
or so I'm often told.

In Wolf Cubs and the Sea Scouts  
They DOB – DOB – DOBed in tandem  
But retention of the skills they learnt  
was at best a little random.

They've remembered how to splice a rope,  
Row a whaler and tie a knot  
Whilst cookery and sewing on a button  
They seem to have forgot.

Of course their greatest passion  
Has been sailing through the years  
And they've discussed the finer points  
Over very many beers;  
From 'I tacked and he tacked'  
To the cut of a jib,  
The optimum amount of rocker  
To how much tension in the rig.

Only true enthusiasts  
Could find so much to say  
About a millimetre here or there  
And wind shifts in the bay.

They haven't always seen eye to eye  
And there's been some rivalry  
But true friendship thrives on differences  
As well as unity.

They each have a wicked sense of humour  
Which sometimes makes us blush  
But it's one of the many reasons  
They are loved so much.

They like to use a microphone  
To sing or make a speech out loud  
And each are famous in their way

For entertaining a crowd.

They share their enjoyment of Sixties music  
And like to sing along  
Even if occasionally they get  
The words a little wrong.

They both appreciate a woman  
With shapely leg and comely bust  
But when the chips are down  
The factor that is a MUST  
Is a woman who will tend them  
And pander to every need;  
Someone who will ensure  
All their appetites they feed.

Though they may expect a lot,  
We're not looking for any swaps,  
After forty odd years, for Jan and I,  
They are still the tops.  
We've shared so many happy times  
And watched our families grow  
Through our men we've made some wonderful  
friends

Gathered here below.  
We've got used to their little foibles  
And taking second place to a boat  
But for the love and laughter they have given  
us

They still get our clear vote.  
Long may it continue!  
Happy Birthday, Boys



# *Fish Marine*

High Street, Topsham, Devon, EX3 0EA

**New & Used Outboard Engines**

**Chandlery**

**New & Used Boat Sales**

**Electronics**

**Foul Weather Clothing**

**Wear Jackets**

**Outboard Servicing**

**Fishing Rods**

**All Watersport Equipment**

**fishmarine.co.uk**

**Tel : 01392-877800**



Framing the things you love.....

open : 9.30 - 12.30 and 1.30 - 3.00

closed Wed p.m. + Sat p.m.

**M  
I  
P I C T U R E  
R  
E**

**F  
A  
M  
I  
N  
G**

**&  
G  
A  
L  
L  
E  
R  
Y**

THE PASSAGE  
66 FORE STREET  
EXMOUTH  
01395 264597

[mitreframing@hotmail.co.uk](mailto:mitreframing@hotmail.co.uk)

- Bespoke picture framing and mount cutting
- Portraiture / Canvases
- Monthly photographic exhibitions
- Selection of quality frames & Mirrors for sale
- Fine photos for your home or business
- 2 minute walk from Exmouth Town centre
- 1/2 Hour free parking opposite the gallery



[www.mitreframing.co.uk](http://www.mitreframing.co.uk)

RYA qualified staff  
 AALA Centre

# Exe Sailing and Powerboat School

Powerboat RYA 1 + 2 and safety boat courses

Corporate Dates

Fully Insured

01395-267673 07779011159 or 07814 385151

# Reflexions

BEAUTY & BODY THERAPY

*Facial Aesthetics Restalyn*

- Skin Tag Removal
- Massage
- Manicure
- Pedicure
- Facial (Non-Surgical Face Lift)
- Ear Piercing

- Red Vein Removal
- Electrolysis
- Waxing
- Eye Treatments
- Holistic treatments
- Body Treatments

*Crystal Clear Microdermabrasion*

13 Pilot Wharf, Pierhead, Exmouth Marina, EX8 1XA Telephone: 01395 233700

Special Offer ! 20% off all treatments on Mondays and Wednesdays

# ***W Trout & Son Ltd***

[www.troutsboatyard.co.uk](http://www.troutsboatyard.co.uk)

01392 873044

Topsham, Exeter, Devon.

## **Providing ALL Boatyard Services**

**Repairs, Maintenance & Restorations, In Wood & GRP**

**RIB repair centre**

**Standing & running rigging up to 8mm**

**Harken & Stalok fittings**

**Cranage to/from winterstorage & trailers**

**Storage available for boats on trailers**

**Diesel, Calor Gas**

**Brokerage boat sales**

**Agents for**

**Ribeye, Pascoe, Ribtec, & Ring RIBS**

**Campion Sports Boats & Cruisers**

**ARVOR Fishing Boats**



**Marine Engineering by**



**MARINE ENGINEERING**

**Tel. 01392 879687**



## MW Property Maintenance

A professional and courteous service helping you with all those small and not so small jobs around the home and garden.

Painting and Decorating

Patio and gutter cleaning

Call Mart in Walbank T: 01395 444 336 M: 07527 865 534

Fully insured, references available from other sailing club members

**“SPECIALITY OF THE DAY”**  
is *BREAKFAST* at  
**DOCKS CAFÉ**

**VIVIENNE EWINGS**  
**The Docks, Exmouth** **01395 225914**



## UK Premier Sports Boats Group



### South Coast Power Boats

01302 814500  
 Unit 2, Waterside, Lydney  
 County of Gloucestershire  
 Exeter EX3 0PE  
 Call 01302 814500 for more details  
[www.southcoastpowerboats.co.uk](http://www.southcoastpowerboats.co.uk)

### South Wales Power Boats

02920 210001  
 Riverside, Pwll, Pwll  
 Gwent, NP23 5LW  
 To explore the range visit us at  
[www.southwalespowerboats.co.uk](http://www.southwalespowerboats.co.uk)

### Sussex Power Boats

01323 214172  
 07300 83809  
 Eastbourne Marina, Eastbourne  
[www.sussexpowerboats.co.uk](http://www.sussexpowerboats.co.uk)

Dealer Gregory Ltd.com



#### 815 CRUISE 2011 12.11

Take a family holiday on the water with this luxury speedboat. It has a 120hp outboard engine, a 1200L fuel tank and a 1200L water tank. It also has a 1200L fuel tank and a 1200L water tank. It also has a 1200L fuel tank and a 1200L water tank.



#### 208 GR LUDDY

Perfect for a family holiday on the water. It has a 120hp outboard engine, a 1200L fuel tank and a 1200L water tank. It also has a 1200L fuel tank and a 1200L water tank.



#### W5 STYLE

The new, smaller 400L. As well as being a great family holiday boat, it also has a 1200L fuel tank and a 1200L water tank. It also has a 1200L fuel tank and a 1200L water tank.



# *Retreat*

---

## BOATYARD

Retreat Drive, Topsham, Exeter EX3 0LS  
[www.retreatboatyard.co.uk](http://www.retreatboatyard.co.uk) 01392 874720

### CHANDLERY

Largest in the area. Promotions always running. We will try to beat any published price. Antifouling specials for winter.



**STORAGE:** Up to 180 boats on on-site (not in a field or car park), moorings available. Full security (usually staff 24hrs, CCTV). Full ring mains, IP66 RCD sockets, water.

**CRANING:** Crane to 10.5t SWL, 4.5t on Fork lift. Easy access to/from M5. Out of season discounts to club members and trade. Promotions in summer.

### BROKERAGE

Around 40 boats on display in season at yard, 5 mins from M5. National advertising. international business. Separate client accounts held.



**CALL 01392 874720 or pop in for a cup of coffee**



**WORKSHOP:** International Osmosis and Paint Centre. Awlgrip application centre. GRP repairs, re-sprays (not only boats), re-gelling, heated facilities. Insurance works undertaken. Largest facility in area. Please call.



**ENGINEERING:** All engine makes supplied and serviced. We are the only main Dealer for Yamaha, Mercruiser and Volvo Penta on the EXE. Three full time factory trained engineers. Collection and mobile service available



**MASSIVE  
SALE NOW**

**All stock to clear. We're moving 200 mts down the road to new premises**

**Good Discounts!!!!**

# John Bridger Marine



**Introducing the WALKER BAY range, "Smart as Paint", perfect for keen beginner sailors.**

*If you have no boat space, then try one of these amazingly adaptable little craft.*

*You can easily pack it up and take it home after your day's sailing. Problem solved!*



**MOTOR**

*Your Walker Bay dinghy*

*can have these 3*

*different uses*



**ROW**



**SAIL**

With tube kit, it's a rigid inflatable tender



A range of  
Life Jackets,  
**INFLATABLES**  
+ **GARMENTS**  
+ **Musto Clothing**  
is on sale at

John Bridger  
Marine

A pair of oars is included. It is easy.

**John Bridger Marine.**

**The Leisure Warehouse  
63 Haven Road, Canal Basin,  
Exeter, EX2 8DP**

**Tel : 01392-250970/216420**

**E-mail : [bridgermarine@btconnect.com](mailto:bridgermarine@btconnect.com)  
[www.johnbridgermarine.co.uk](http://www.johnbridgermarine.co.uk)**

A Sail Kit can easily be added



A whole range  
of trailers is available and  
**HONDA** boats and outboards  
**LOTS OF OTHER BOATS**

# EDGE

[www.edgeoutletcentre.com](http://www.edgeoutletcentre.com)

EXE SAILING  
CLUB MEMBERS  
**10% OFF**

sailing equipment, clothing, wetties

SIT ON TOP  
KAYAKS  
FROM £235

**SPLASH NIGHT SPECIAL OFFERS**  
great package deals for kids

KIDS BA'S    KIDS WETTIES    ADULT WETTIES  
from £20    from £20    from £35



open 7 days  
Tel: 01395 222551  
2nd hand kit also available





**STREETS AHEAD**

[www.fulfords.co.uk](http://www.fulfords.co.uk)

**Residential letting**

46 Rolle Street,  
Exmouth EX8 2SQ.  
Tel: (01395) 280400

**Residential sales**

44 Rolle Street  
Exmouth EX8 2SH  
Tel: (01395) 273757  
  
2 Brixington Parade  
Exmouth EX8 4JS  
Tel: (01395) 263355



Photo: (Mike Rice/Fotoboot) Silk Purse at the 2008 River Exe Regatta